**3-Day-Challenge Packet**  hearwelldone.org

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| **Begin the 3-Day Challenge:**  **1) Print out the 3-Day-Challenge Packet – (Your PiVAT Journal for three days)**  **2) Ask a Friend to join you.**  **The 3-Day Challenge:**  **PiVAT - God’s plan for your day.**  **PRISM - 5 things you can do in God’s Word every day.**  **DAILY CALL –** a 15 minute call before work sharing PiVAT & PRISM with a Friend  **How2 complete the 3-Day-Challenge**  **Do PiVAT before dinner** - Before eating dinner tonight – fill out PiVAT for tomorrow – Ask God for His plan for you for tomorrow. He will surely tell you.  **Do PRISM throughout the day** – PRISM – 5 Things you can do in God’s Word every day.  SOAP out at least 1 verse. Let God speak to you. He will.  **Daily Call -** Ask a friend to join you in this **3-Day-Challenge** – **PiVAT, PRISM and a DAILY CALL for three days.**  Call each other every morning before your workday begins. Set a specific time. Begin tomorrow morning.  5 min – you share your PiVAT for today  5 min – they share theirs  5 min – pray for each other. (God will speak – you will see)  **\*Conversations Page** – Every conversation you have with God, yourself or others, write it down. Get a **PiVAT Journal** - A Norcom 9x7 Composition Notebook is perfect – only $.97 at Walmart. God speaks through His WORD, His Holy Spirit, and also through conversations with others. God will give you specific instruction, encouragement and direction. (See How2’s for PiVAT, PRISM, Daily Call, Conversations, and PiVAT Journal)  **Take this 3-Day Challenge!**  God will absolutely amaze you – He will speak, He will direct your steps, He will answer prayer, He will help you grow like crazy in just 3 days! So will your friend! You will see. |

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| **Conversation Log:** Every conversation you have with God, yourself or others - Write it down! God will use it to give you discernment, direction and specific instruction.  **Jeremiah 30:2** – This is what the LORD the God of Israel says: ‘Write in a book all the words I have spoken to you.’ **hearwelldone.org** | **Three Pages to use every day in your Conversation Log:**  **PiVAT –** God’s plan for your day, not yours  **PRISM** – 5 Things you can do in God’s Word every day  **CONV** – Every Conversation with God, yourself, or others |

**How2** – Daily Call hearwelldone.org

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| **What is a Daily Call? - a 15 minute call before work sharing PiVAT and PRISM with a friend.**  5 Min:  You share your PiVAT for today 5 Min:  They share theirs 5 Min:  Pray for each other  Write your Daily Call on a new **Conversations Page**. Write their PiVAT for today, and what you prayed for each other. **A Daily Call** is actually applying **Hebrews 3:13**: "But exhort one another daily while it is called today so that none of you may be hardened by the deceitfulness of sin."  You will be challenged, encouraged, and your relationship with God will grow like crazy in just a few days - because you'll be learning to obey what He tells you each day, you will be "Overcoming by the word of your testimony," and you will be exhorting one another daily. Few people have ever really "exhorted one another daily." Taking God at his Word is life-changing! You will see.  **Before You Begin a Daily Call** 1) **Ask** God to help you do **PiVAT before dinner (**fully surrender time, thought and money decisions) 2) **Ask** God who He wants you to walk with?  3) **Invite** them to join you for a Daily Call for a pre-determined number of days (3-Day-Challenge, 30 days etc.)  4) **Set** a Daily Call time - (Early is better, before your workday begins) - Monday-Friday, Saturday & Sunday off 5) **Read** the How2s for PiVAT, PRISM, Conversations Page, and Daily Call  6) **Expect** **Growth** – God will grow you like you’ve never grown before! (It's what happens when you obey daily)  7) **Begin** – just start today  **How to Do a Daily Call** Whoever calls first at the daily call time – begin immediately sharing your PiVAT for today. No small talk. Get right to it. Maybe a quick prayer - “God- Help us glorify you in these few minutes – Amen" Then start immediately.  1) Five Minutes - Share your PiVAT for today, 2) Five Minutes - They share theirs, 3) Five Minutes - Pray for each other. That's it!  One of the most **powerful things** you can do as a Christian - a **Daily Call.** It will change you, because it puts you daily in the place of obedience - where God can bless you!  **Helpful Hints for a Successful Daily Call**  1) Do **PiVAT before dinner** - Don’t eat before spending 5 Minutes with God getting his plan for you for tomorrow.  2) Set an early **Daily Call** time **before your workday begins** it’s the only way to be consistent with it.  3) **Do not go over** the 15 minutes!  You can talk more if you want – just call back on another phone call.  4) Share **only what you wrote** **down** on your PiVAT sheet during your 5 minutes. If calls get too long, you’ll stop.  5) Write down **their PiVAT** for today (to pray for them at the end of this call, and even later as God may lead you)  6) Write down **what God spoke** through prayer. God will speak through your prayer (Crazy!) Write what He says.  7) PiVAT Calls are **same sex only**. Honor your spouse (or future spouse) by saving intimate conversations for them.  8) **Text** your **Daily Call** partner when you finish **PiVAT before dinner** (The hardest thing you’ll ever do in your life- because the devil will do anything to stop this call. He knows Heb 3:13, Eccl 4:12 and Rev 12:11 work!) The power of two by two: learning to fully obey with time thoughts & money, overcoming by the word of your testimony. |

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| **Daily Call:** A15 minute call before work sharing PiVAT and PRISM with a friend.  **5 min you share, 5 min they share, 5 min pray for each other**). That’s it – 15 min tops. Stay within your fifteen minutes by sharing only what you wrote on your PiVAT sheet for today. To talk further, call back on a different phone call. Set a daily call time. Before your workday begins is best. (Mon-Fri only – Sat & Sun off) See hearwelldone.org | **Do PiVAT before Dinner** to get God’s plan for your day tomorrow  Text each other when you did it. The devil will do anything to stop this daily call. Eccl 4:12- Though one may be overpowered by an adversary, two can withstand him. Ask God who to walk with for 3, 7 or 30 days) Life-changing! Heb 3:13 Exhort one another daily. |

**PiVAT** – Give God your Day Planner **Day & Date:**

**DO PiVAT Before Dinner – to get God’s plan for you for tomorrow.**

Principles of Faithfulness The Times of God’s Choosing God’s TO DO LIST for you today, not yours.

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| Notes: | | PiVAT Maybe | |
|  | | \*New ‘to do’s’ go here 1st. Ask God if He wants you to add them above to God’s To Do List for you today – or move them to your PiVAT Maybe List | |
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| **P: Prayer:** What do you need most from God today? hearwelldone.org  (Ask Him, He’ll tell you)  **V: Vision:** What is the number one thing He is telling you to do today?  **A: Accountability:** When is He telling you to do it? (the specific time)  **T: Testimony**: (a) The Top 3 Things God Did – as you’re learning to obey, and  (b) The Top 3 Things God Revealed – through His Word. (PRISM)  **3-Day-Challenge** – PiVAT, PRISM, and a DAILY CALL for 3 days with a friend **Daily Call** – 5 Min you share your PiVAT, 5 Min they share, 5 min pray | | **Right Column:** God’s To Do’s for you today, not yours.  Only write down things HE tells you to do today, then be sure to do them!  **Middle Column**: Everything God wants you to do today has a time.  Ask Him and He will tell you. Check in with Him throughout the day!  Do **PiVAT before dinner** every day to get God’s plan for you for tomorrow  **PiVAT is a Change of direction** from man’s way to God’s Way – Prov 14:12  **Advanced Daily Call** – also share **R.S.V.P.** to overcome financially  **hearwelldone**.org – Tools Topics and Relationships to fulfill your purpose! | |

**PRISM** – Five things you can do daily in God’s Word **Day & Date:**

You don’t have to do them all, or all at once. S.O.A.P. one or all five…

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| **P: Praise the Word:** Take a chapter in Psalms & “Praise God” using the Psalmist’s words  **R: Read the Word**: Read a Chapter or a passage. Use your Hear Well Done Highlighters\*  **I: Insight from the Word:** God gave a Proverbs chapter a day - for wisdom. You need it!  **S: Study the Word:** Use (S.O.A.P.) to go deeper. Ask God what verse. He will show you.  **M: Meditate on the WORD:** A verse, a passage, or a **PRISM Topic**: (Single, or Packet)  (hearwelldone.org) | **(s.) Scripture** – Write out the reference and verse  **(o.)** **Observatio**n – God, what do you want me to see that I  haven’t seen before?  **(a.)** **Application** – God, what do you want me to do now that  you have revealed this?  **(p.) Prayer** – Ask God to help you do it. |

. PiVAT Highlighters: Yellow-Good Stuff, Pink-Prayer, Blue-Holy Spirit, Green-Money, Orange-Obey, Purple-Promises

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**CONVERSATIONS** - **Revelation, Ideas, Brainstorms Day & Date:**

Every conversation you have with God, yourself or others – Write It Down

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**PRISM Topic** – Write It Down www.hearwelldone.org

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| Jer 30:2 – “This is what the LORD, the God of Israel, says: ‘**Write in a book all the words I have spoken to you**.’”  **I Samuel 3:19,21** – The LORD was with Samuel as he grew up, and he **let none of his words** fall to the ground... The LORD **continued to appear** at Shiloh, and there he **revealed himself** to Samuel through his word.  Hab 2:2 – And the Lord answered me: “**Write the vision**, make it plain on tablets, so he may run that reads it.” (i.e. “so that every time you read it… you can run with it”)  I Chronicles 28:19 – “All this,” David said, “**I have in writing** from the hand of the LORD upon me, **and he gave me understanding** in all the **details** of the plan.”  Exodus 17:14– And the LORD said unto Moses, “**Write this in a book as something to be remembered**, and rehearse it in the ears of Joshua:”  Isaiah 30:8 – Now go, write it on a tablet for them, and **note it in a book** as something to be remembered that for the days to come it may be remembered as an everlasting witness.  Psalms102:18 – **Let this be written for a future generation** that a people not yet created may praise the LORD.  **Mathew 13:12** – “Whoever has will be given more, and they will have an abundance. Whoever does not have, even what they have will be taken from them.” **Matthew 11:15** – He that hath ears to hear, let him hear.   **Matthew 4:4** – But he answered and said, It is written, man shall not live by bread alone, **but by every word** that proceedeth out of the mouth of God.  **Matthew 13:4** – As he was scattering seed, some fell along the path, and the **birds came** and ate it up.  **John 16:13** - But when he, the Spirit of truth, comes, **he will guide you into all truth**.  He will not speak on his own; he will speak only what he hears, and he will tell you what is yet to come.  Revelation 1:19 – **Write the things which you have seen**, and the things which are, and the things which will take place later.    Revelation 21:5 – And he that sat upon the throne said, Behold, I make all things new, and he said unto me, **write: for these words are true and faithful**.  John 20:31 – But **these things are written, that you might believe** that Jesus is the Christ, the son of God, and that believing, you might have life through his name.  Romans 15:4 – For whatever things were written before **were written for** our learning, that through patience and comfort of the scriptures we might have hope. |

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| **A PRISM Topic** is God’s Word on a single subject**. A Relationship Topic:** is a perspective from God’s Word on relationships. A **PRISM Topic Packet** is a grouping of PRISM or Relationship Topics of similar subjects… part of the **M: Meditate on the** **Word** of  **PRISM** – (5 Things You Can Do Daily in God’s Word) - to transform **the way you think**. See [hearwelldone.org](http://www.hearwelldone.org) for PRISM Topics, Relationship Topics, or Packets. Take it with you! | **Ask God what PRISM Topic or Relationship Topic He wants you to meditate on today.** Take your PRISM Topic, Relationship Topic or Packet with you! Come back to them throughout the day!  **“*It is to be with him, and he is to meditate on it day and night, so that he may learn to fear the LORD*…” - Deuteronomy 17:19** |

**How2** – Conversations hearwelldone.org

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| Download the **3-Day-Challenge Packet** and you will have a “3 Day PiVAT Journal” for PiVAT, PRISM, and Conversations.    After that you can use any sized notebook and just draw three columns for PiVAT. PRISM and Conversations are just text.  **What is Conversations**?  **A Conversations Page – is one of three pages in your PiVAT Journal. (PiVAT, PRISM, Conversations)**  Learn to be like Samuel! He did not let one Word that God spoke to him – fall to the ground. (I Sam 3:19)  **PiVAT** captures God’s Plan for you for today – He has good for you! (Do **PiVAT before dinner** for tomorrow)  **PRISM** captures what God speaks to you each day through His Word (Come back to it throughout the day)  **CONVERSATIONS** – captures what God speaks to you each day through His Holy Spirit, or through others.  Of the three daily pages: PiVAT usually goes first because you did **PiVAT before dinner** yesterday - to get God’s plan for you for today.  A Conversations Page is often next, because God will frequently give you counsel in the night season for you to write down when He speaks, or first thing in the morning.  PRISM is five things you can do in God’s Word throughout the day. Just add another Conversations page as more conversations occur.  **How to use your Conversations Page**  **Every Conversation you have with God, yourself, or others, write it down!**  **You will probably use at least one conversation page each day (often more than one) to capture the conversations you have.**  **A Norcom 9x7 Composition Notebook ($1 at Walmart) as a PiVAT Journal will last you a month for PiVAT, PRISM, and Conversations. You can draw three columns for PiVAT. PRISM and Conversations are just text.**  **What you write down, you will remember; God will teach you things through each one. Print Out a 3-Day-Challenge Packet – It will serve as a PiVAT Journal for 3 days. Long-term, any size notebook will work, but a 9x7 Notebook is a unique size for a Conversation Log. Every Hear Well Done Tool if printed out, and the margins trimmed – easily fits in the front or back cover of a 9x7 Notebook.** |

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**How2** – Conversations (2) hearwelldone.org

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| **What could your Conversations Page Contain?**  **Conversation Records**:  Every conversation you have with any person today; write down things discussed, things important to them, things you learned, prayer needs – so you can pray for them.  They are precious to God!  **Revelation**:  God will speak to you in the night season, He will wake you up with a spiritual truth on your heart, new ideas, or something He wants you to do.  Write them on a Conversations Page, so you don’t forget what He says. He may have you put them directly on your **PiVAT** for today (His To Do List for you today), or He may have you move them to this month’s ongoing **PiVAT Maybe To Do** List - for God to confirm, delay or delete.  **Ideas Page:**  Sometimes you will get on a brain storm – not necessarily the Holy Spirit revealing things, but things cluttering your mind. Write them down, so you can ask God - to see what is from Him, and what is not.  **Quotes Page:**  If you hear someone say something on the radio, podcast or television, write it down.  People being interviewed are usually successful; and they cannot help but give away some of their secrets.   If nothing else, their words reveal how they think. Whether worldly wisdom, or God’s truth, writing down the important things they say gives you an opportunity to learn from them, and ask God to reveal truth versus deception.  **Pastor's Sermons:**  Every time you go to church or hear someone speak, bring your Conversation Log with you, take notes.  God often confirms through others, things He told you to do in your PiVAT & PRISM times with Him.  **Project Plans:**  You might have something you need to do, or plan out.  Take a CONVERSATIONS page to begin the planning process.  Your Conversation Log Index helps you easily come back and finish it at a later time, so you don’t think of things during the day, but then forget them because you didn’t write them down at the time.  **Daily Call** - A 15 min call before work sharing PiVAT with a friend and praying for each other.  5 min you share, 5 min they share, 5 min pray for each other.  Use the Conversations Page to write their PiVAT for today, and what the Holy Spirit spoke through your prayer for each other.  Take the **3-Day-Challenge** – make a habit of walking daily with someone. It will absolutely change your life! |

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PRISM Topic- LIFE PURPOSE & DIRECTION hearwelldone.org

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| **Jeremiah 10:23** - I know, O LORD, that a man’s life is not his own; **it is not for man to direct his steps**.  **Jeremiah 29:11** - For I know the **plans I have for you**,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.   **Isaiah 55:8** - "For my thoughts are not your thoughts, **neither are your ways my ways**," declares the LORD.”   **Psalms 25:12** - Who, then, is the man that **fears the LORD**?  He is the one whom the LORD **will teach which path to choose**.  **Isaiah 48:17** - This is what the LORD says-- your Redeemer, the Holy One of Israel: "I am the LORD your God, who teaches you what is **best for you**, who **directs you in the way you should go**.   **Psalms 32:8** - The LORD says, “I will guide you along the **best pathway for your life**.  I will advise you and watch over you. (NIV) I will instruct you and teach you in the way you should go, I will counsel you and watch over you.   **Proverbs 3:5-6** - **Trust in the LORD** with all your heart, and **lean not** on your own understanding.  In all your ways submit to him, and **he will direct your paths**.  **James 4:13-15** - Come now, you who say, "Today or tomorrow we will go to this or that city, spend a year there, carry on business, and make money."  Why, you do not even know what will happen tomorrow.  What is your life?  You are a mist that appears for a little while and then vanishes.  Instead, you ought to say, "**If it is the Lord's will** we will live, and do this or that."  **Psalms 138:8** **-** **The LORD will fulfill his purpose for me**; your love O LORD, endures forever - …  **Psalms 40:5** - Many, O LORD my God, are the wonders you have done, **the things you planned for us**.  None can compare with you; were I to speak and tell of your deeds, they would be too many to declare.  **Psalms 139:17** - How precious are your thoughts concerning me, O God!  How vast in number they are.  **Romans 8:26-28** - Likewise the Spirit helps us in our weakness.  For we d**o not know what to pray for** as we ought, but the Spirit himself intercedes for us with groanings too deep for words.   And He who searches the hearts knows what the mind of the Spirit is, because He intercedes for the saints **according to the will of God**.  And we know that God causes everything to work together for the good of those who are called **according to his purpose for them**.  **Ezekiel 36:27** - And I will put **my Spirit** in you and **cause you to follow** my decrees and be careful to keep my laws. **John 16:13** - But when he, the Spirit of truth, comes, **he will guide you into all truth**.  He will not speak on his own; he will speak only what he hears, and he will tell you what is yet to come.  **Philippians 2:13** – For it is God who works in you both to will and to act according to his good purpose. |

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**PRISM Topic** - LIFE PURPOSE & DIRECTION pg2 www.hearwelldone.org

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| **James 1:5** - If any of you lacks wisdom, **he should ask God**, who gives liberally to all without finding fault, and it will be given to him.  **Matt 7:7** - Ask and it will be given you; seek and you will find; **knock and the door will be opened to you**.  **Joshua 3:3-4** - giving orders to the people: “When you see the ark of the covenant of the LORD your God, and the priests, who are Levites, carrying it, you are to move out from your positions and follow it.  **Then you will know which way to go**, since you have never been this way before…  **Genesis 12:1** - The LORD had said to Abraham, leave your country, your people and your father’s household and go to the land **I will show you**.  **2 Timothy 1:9** - He saved us and **called us with a holy calling**, not according to our own accomplishments, but according to **his own purpose** and the grace that was given to us in the Messiah Jesus before time began.  **PLANS**  **Proverbs 19:21** - Many plans occupy the mind of a man, but t**he LORD’s purposes** will prevail.  Don’t occupy your mind with many plans.  The more you think about your plans, and try to figure things out,  that's just leaning on your own understanding.  What are you thinking?  Those aren't my thoughts declares the  LORD.  My thoughts are higher than yours...  Ask God for His plan, then follow His plan for you – He will lead you  step by step.  He promised He would.  When He does – take the first and next step by faith.  **Proverbs 16:3** - Commit to the LORD whatever you do, and your plans will succeed. The Word **commit** – here means “to roll down together with,” “**to wallow**” like a pig wallows in the mud.  This  committing of your plans to God – means to wallow in him – get completely covered, until HIS PLAN becomes  your plan.  This is the only plan for your life that will succeed.  **Proverbs 21:5** - The plans of the diligent lead surely to abundance, but everyone who is **hasty** comes only to  poverty.  Don’t be hasty in making plans for the future.  Be diligent.  Make sure you **seek God completely**.  He is  your first and best counselor.  He created you and has the perfect plans for your life.  **Proverbs 20:18** - Plans are **established** by counsel, so make war with guidance. Get Godly counsel on Life Purpose and Direction plans (first from your spouse if you have one or know who it  will be, then your parents, then other Godly counsel, especially from obeyers – they give Godly counsel.  **Ecclesiastes 3:1** - There is an **appointed time** for everything.  And there is a time for every event under heaven.  Don't panic or feel pressure about not having your plan in place.  It's His plan that you want.  God's timing is  perfect.  Just seek Him now, fully trust Him, and obey quickly the next step He shows you.  **Ecclesiastes 8:6** - For every activity there is a right time and procedure… |

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