**How2** – PRISM hearwelldone.org

|  |
| --- |
| **What is PRISM**?  **PRISM is 5 things you can do daily** **in God's Word PRISM** transforms ‘how you think’ through the Word of God – so you can live your best life!**PRISM** can be done in 5 minutes, 15 minutes, 50 minutes or 5 hours – however God leads you. **PRISM** is:**P raise** the Word:  Praise through the Psalms verse by verse.  (Psalms 56:4,10)**R ead** the Word:  Just read in context: chapter, section, or book. (Deut 17:19) (\*Use PiVAT Highlighters!)**I nsight** from the Word:  A chapter of Proverbs each day!  (Proverbs 1:1-3) Get Wisdom! You need it!**S tudy** the Word:  Dig deeper:  Use S.O.A.P.  - **S**cripture, **O**bservation, **A**pplication, **P**rayer (II Timothy 2:15)**M editate** on the Word:  **PRISM Topic:**  God's Word on a Topic, meditate throughout the day. (Joshua 1:8)**Romans 12:2** - Do not conform any longer to the pattern of this world, but **be transformed** by the **renewing of your mind**.  **Then** you will be able to test and approve what **God's will** is - his good, pleasing and complete will.    A paradigm-shifting truth: You have to be transformed by God's word to really understand what He is telling you to do today (His perfect will for you for today). In other words, **PiVAT** won't work without **PRISM**!  PRISM is the knowing (hearing and obeying with thought decisions), PiVAT is the doing – (hearing and obeying with time decisions).**Doing PRISM every day!**  Rather than just a daily devotion or quiet time - **PRISM** extends your quiet time throughout the entire day!When the Word of God changes how you think, you can start obeying with thought decisions - taking every thought captive to the LORDSHIP of Christ.  With **PRISM** - You **don't have to** do all five things every single day.  This is **not a check list** or "fill in every blank."  **PRISM** is just a simple way to define and organize some things you already do in God's Word – It’s just a **“track to run on.”**  Just do what God leads you to do today.You will find however, that **each of the five**, brings incredible blessing - God's truth from a different perspective!   You will be shocked at how often He speaks the same message five different times, from five different places in scripture!  You will also be amazed at how He continues a **message or theme** for several days in a row! As you likely have figured out by now – you’re **already** doing **PRISM** - you just haven't thought of it in these terms. If you read your Bible you're doing the **R: Read the Word** of **PRISM**.  If you ever write down what you learned, or an action step - you are doing the **S: Study the WORD** of **PRISM**.  If you have a memory verse on a 3x5 card or your bathroom mirror, that’s **M: Meditate on the WORD** of **PRISM**.  Even a devotional like Oswald Chambers’ “My Utmost for His Highest” - is just somebody else's **PRISM**.  Be very encouraged!  The same God that gave Oswald Chambers His **PRISM** has one just as good for **you**- that He wants to give specifically to you every day!  |

|  |  |
| --- | --- |
| **A PRISM Topic** is God’s Word on a single subject**. A Relationship Topic:** is a perspective from God’s Word on relationships. A **PRISM Topic Packet** is a grouping of PRISM or Relationship Topics of similar subjects… part of the **M: Meditate on the** **Word** of**PRISM** – (5 Things You Can Do Daily in God’s Word) - to transform **the way you think**. See [hearwelldone.org](http://www.hearwelldone.org) for PRISM Topics, Relationship Topics, or Packets. Take it with you! | **Ask God what PRISM Topic or Relationship Topic He wants you to meditate on today.** Take your PRISM Topic, Relationship Topic or Packet with you! Come back to them throughout the day!**“*It is to be with him, and he is to meditate on it day and night, so that he may learn to fear the LORD*…” - Deuteronomy 17:19** |

 **How2** – PRISM (p2) (Praise the Word) hearwelldone.org

|  |
| --- |
| **So How Do I do PRISM every day?** **STEP 1** PRISM P: **Praise the Word** – Praise the Word is simply reading one verse or two verses in Psalms, and praising God using the words of that verse. Start each day with **Praise The Word!** First thing in the morning set the atmosphere of your day with God’s Word being praised through your mouth! While you could ‘Praise the Word’ using any book of the Bible, you might want to **Praise the Word** using Psalms - the Praise Book! **Psalms 56:4** - "In God, whose Word I praise, in God I trust; I will not be afraid.  What can mortal man do to me?"I had heard of "praying the Word," but I had never heard of **Praise the Word** - until I read this scripture - and God **told me** to do it.  It was awkward at first, but the more I obeyed, the more blessing He gave, and the more fluent I became.  Praise is a weapon that God has ordained for us to defeat the enemy, and the Word of God is the greatest source of praise you could imagine.Use Psalms each day for **P: Praise the Word**.  Each morning start where you left off yesterday.  Let's say the next verse you come to this morning is... **Psalms 34:4** - "I sought the LORD, and he answered me; he delivered me from all my fears."  **When you Praise the Word** through Psalms 34:4, it **might sound something like** this:  "Lord, I praise you!  When I seek you, you answer me, and you deliver me from everything I fear." What you are doing is simply praising God - using some of the Words He has already written! He's familiar with them, He will notice. TRY IT RIGHT NOW! Before reading further – Right Now – Open Psalms and Praise the Word through 2 verses! **The more I got used to it** (like a little kid learning to walk) **Praise the Word** through **Psalms 34:4** began to sound something like this:  "God I worship and praise You today!  I bless your Holy Name.  Every time I seek You, You answer me.  You're always there and you always hear me. You are always there to forgive.  You are always there to save me, You are my help and my deliverer.  You deliver me from everything that I fear, and you deliver me from fear itself.  I don't have to fear just a few things, or even one thing.  You deliver me from Every One of my fears!  I can now Fear You Alone!  You are Righteous, Faithful, Holy, Worthy, all Praise and Honor, and Blessing and Glory be unto your Name forever and ever!"  I don't have to fear anymore!  I choose praise over fear, Your Word says you save me.  I don't have to live in fear, Your Word says you deliver me.  When I praise Your Word - according to Psalms 56:4 - it helps me trust you more.  When I praise Your Word, I will not be afraid!  There's nothing that man can do to me.  I place my trust fully in you.  You don't lie, You deliver, You don't falter, You are Faithful.  You never let me down, You always lift me up.  I will bless your Name and praise Your Might and Your Power forever and ever!  Thank you Jesus!  I worship You only.  I will Praise Your Name Forever!” **Things to Remember with** PRISM **P: Praise the Word****1) The goal is not to be long-winded, just let the Holy Spirit lead your Praise!**  Praise the Word really helps! As the Holy Spirit fills your heart and lips with praise, you can go verse by verse with His truth coming out of your mouth.  Starting each day with PRISM **P: Praise the Word,** will permanently alter the course of your life, because it will change **you** first, and then - God inhabiting your praise - will change the situation around you!**2) When you start each day with Praise the Word, Do it out Loud -** **It’s not enough to just think it.** You will read it, think it when you read it, think it to say it, hear it when you say it, and think of what you said, and how you said it, when you hear it, having said it.  And when you speak it - it is released in the atmosphere of your life by your own voice. And the God of the universe will inhabit your praise!  It will sound familiar to him, because He wrote it. |

|  |  |
| --- | --- |
| **A PRISM Topic** is God’s Word on a single subject**. A Relationship Topic:** is a perspective from God’s Word on relationships. A **PRISM Topic Packet** is a grouping of PRISM or Relationship Topics of similar subjects… part of the **M: Meditate on the** **Word** of**PRISM** – (5 Things You Can Do Daily in God’s Word) - to transform **the way you think**. See [hearwelldone.org](http://www.hearwelldone.org) for PRISM Topics, Relationship Topics, or Packets. Take it with you! | **Ask God what PRISM Topic or Relationship Topic He wants you to meditate on today.** Take your PRISM Topic, Relationship Topic or Packet with you! Come back to them throughout the day!**“*It is to be with him, and he is to meditate on it day and night, so that he may learn to fear the LORD*…” - Deuteronomy 17:19** |

 **How2** – PRISM (p3) (Praise the Word2) hearwelldone.org

|  |
| --- |
| **3)** Sometimes a Psalms **verse** is **a request.  Praise the Word through the Psalmist's requests in the positive**:  **Psalm 71:1** - In you, O LORD, I have taken refuge: let me never be put to shame.  Praise the Word through this verse might sound something like:  "God I praise you because all those who take refuge in you are never put to shame - because that's what you said in your Word.  Your promises are true and you are forever faithful and I Praise You LORD!!   Romans 10:11 confirms:  "As the Scripture says, anyone who trusts in him will never be put to shame."  God, I thank you and praise you!  I trust in you right now, I take refuge in you! Your Word says I will never be put to shame. Thank you Jesus! I receive your promise, and believe your Word and according to your Word and my faith it will absolutely come to pass.  I will never be put to shame - you have taken my shame for me and taken my shame from me!  All praise and glory to your Awesome, Holy Name!”**4) Other times if the Psalms verse is a little depressing… Translate it into the positive from God’s Word.**  **Psalms 13:1** - How long, O LORD? Will you forget me forever?  How long will you hide your face from me? Again, **always Praise the Word in the positive**, even if the psalmist has questions.  The Holy Spirit will bring to your mind from God's Word - the answers to these questions the Psalmist has (often he answers his own question a few verses later).  But we also have the New Testament that the Psalmist didn't have!  When the Psalmist has questions - just Praise through the answers. P: **Praise the Word** through **Psalms 13:1** might sound something like: "God I praise you and glorify Your Name, your promises are true, You are faithful to your Word.  It might seem like you have forgotten me, that you are hiding your face from me, but You said you will never leave me nor forsake me.  And I believe your Word - no matter what I feel, or the situation around me, or the storms that surround me, or the people that come against me... you are always there.  You said you will work everything for my good.  So I praise you when things are good, and I praise you when times are hard.  You are Faithful, Worthy, Holy, Righteous, I choose to believe your Word.  My praise isn't based on my feelings or my current situation - God, my praise is based on Your Word, Your character, Your love for me, and Your unstoppable power.  I will bless You LORD at all times Your praise will continually be in my mouth.  Thank you for Your Love, Your Truth, and Your Victory that you have for me every time.  I know you are working when I don't see you.  I know you are bringing beauty right now from these ashes, you are the God of the impossible.  You have always been faithful, you will always be, and I praise you and thank you right now for remembering me and showing me your face.  I worship you, Almighty God - there is no God like you! There is no God but you!  **5) Expand your Praise vocabulary! You don’t need to just say “I praise you” every time.**  You can say, "I praise you, I bless you, I love you, adore you, I worship you, believe you, honor you, exalt you, extol you.  I bow down before you, I declare your goodness, I proclaim your truth that what you say you will surely do. I magnify you, glorify you, I submit my heart mind and soul to you.  **God You are:** Worthy, Righteous, Holy, Unchanging, forgiving, loving, merciful and kind...  **I call You:** Holy, Righteous, Faithful… **Your Name is:** … **As your praise vocabulary grows, you will become much more fluent as the Holy Spirit flows through your praise.** God loves to hear your praise and it is a powerful weapon.  It will encourage you, change you, it will shape you, it will build your faith & you will see GOD begin to change things in you & around you for His glory & for your blessing.**6) When you Praise the Word you don't have to praise through the whole chapter of Psalms.**  Go as far as God leads you.  Sometimes just one or two verses is all you need, sometimes just two or three minutes is all you need to begin your day with **Praise the Word**.  As you get into this habit the first thing every morning, you will see the Holy Spirit take over and **you will just 'go off'** as He quickens your spirit to **Praise the Word**.    |

|  |  |
| --- | --- |
| **A PRISM Topic** is God’s Word on a single subject**. A Relationship Topic:** is a perspective from God’s Word on relationships. A **PRISM Topic Packet** is a grouping of PRISM or Relationship Topics of similar subjects… part of the **M: Meditate on the** **Word** of**PRISM** – (5 Things You Can Do Daily in God’s Word) - to transform **the way you think**. See [hearwelldone.org](http://www.hearwelldone.org) for PRISM Topics, Relationship Topics, or Packets. Take it with you! | **Ask God what PRISM Topic or Relationship Topic He wants you to meditate on today.** Take your PRISM Topic, Relationship Topic or Packet with you! Come back to them throughout the day!**“*It is to be with him, and he is to meditate on it day and night, so that he may learn to fear the LORD*…” - Deuteronomy 17:19** |

 **How2** – PRISM (p4) (Read the Word) hearwelldone.org

|  |
| --- |
| **STEP 2** PRISM R: **Read the Word** – (Part of PRISM – 5 Things you can do each day in God’s Word)Ask God **what book** of the Bible He wants you to begin reading through; (maybe the gospels -Matthew, Mark, Luke, or John, or the Epistles (I Corinthians, Ephesians, etc.) maybe Acts, Revelation, or maybe start in Genesis.  **Read the Word** - is for continuity and context alone, not studying or memorizing.  **A chapter a day** is a great start, even just a **section of a chapter**. You can typically do this **in 4-6 minutes** or less.  **TRY IT RIGHT NOW!** Before reading further – Right Now – Ask God what Book of the Bible… and read 1 Chapter! Some days God may even lead you to read several chapters or a whole book of the Bible.  **Just enjoy the story** and know that God's Word planted in you will never fail to produce a harvest! (Isa 55:11) You might do your **R: Read the Word** right after **P: Praise the Word** during your morning quiet time; **or** you may do **R: Read the Word** during a break at work, at lunch, or before bed.  Remember God never intended for His Word to be limited only to your quiet time - **PRISM** **extends your quiet time – into Word Time throughout the day**.  This will help you learn like David - to be consumed with love for God's Word - day and night.  (Psalms 119:20) **PiVAT Highlighters – Use PiVAT Highlighters** for PRISM **R: Read the Word**. See hearwelldone.org – How2 – PiVAT HighlightersYou can get a pack of five chisel tip BIC or Sharpie Highlighters for a couple dollars at Walmart. Color Coding Scripture Verses in your Bible is a habit that will **increase your love** for God’s Word.  **Teaching this habit to your children** will yield tremendous reward.  It will make God’s word personal for them.  It will become a ‘real conversation’ with their Heavenly Father as they sense God speaking to them specifically.  This habit in your children will produce a lifetime of fruit!  **Here’s How:** You can highlight a thin straight line, or a thick paintbrush line, for priority verses – as God directs you.  You can use a different color to underline, or put a “colored bracket’ around a verse in the margin.  Some verses have several colors which could apply.  **The Yellow Highlighter:**   **Good Stuff!** - Any verse that stands out – use Yellow.**The Pink Highlighter:**  **Prayer -** Any verse having to do with prayer, use Pink.**The Blue Highlighter:**  **The Holy Spirit -** Any verse that speaks of the work of the Holy Spirit, use Blue.  **The Green Highlighter:**  **Money -** Any verse which refers to money or possessions, use Green.   **The Orange Highlighter:** **Obey -** Any verse God prompts in your spirit specifically for you to obey… use Orange.**A sixth one - Not in a typical Five-Pack of Highlighters – but if you can buy it individually…****The Purple Highlighter:**  **Promise** Any verse you find that is a specific promise from God, use Purple.  Our prayer is that God will put PiVAT Highlighters in your heart as a habit every time you read your Bible. It will help you remember what He told you. It will never return empty.  It will bring blessing in your life.  |

|  |  |
| --- | --- |
| **A PRISM Topic** is God’s Word on a single subject**. A Relationship Topic:** is a perspective from God’s Word on relationships. A **PRISM Topic Packet** is a grouping of PRISM or Relationship Topics of similar subjects… part of the **M: Meditate on the** **Word** of**PRISM** – (5 Things You Can Do Daily in God’s Word) - to transform **the way you think**. See [hearwelldone.org](http://www.hearwelldone.org) for PRISM Topics, Relationship Topics, or Packets. Take it with you! | **Ask God what PRISM Topic or Relationship Topic He wants you to meditate on today.** Take your PRISM Topic, Relationship Topic or Packet with you! Come back to them throughout the day!**“*It is to be with him, and he is to meditate on it day and night, so that he may learn to fear the LORD*…” - Deuteronomy 17:19** |

 **How2** – PRISM(p5) (Insight from the Word) hearwelldone.org

|  |
| --- |
| STEP 3: **I:** **Insight from the Word** – Part of PRISM – (Five things you can do each day in God’s Word)**PRISM I: Insight from the Word** is reading just **one chapter of Proverbs every day**.  There are 31 days in a month and 31 chapters in Proverbs; no co-incidence. God has given you a wisdom chapter for today. You need it! You might do **I: Insight from the Word** (your daily Proverbs chapter) in your quiet time - or at another time during the day: lunch time, break time, breakfast, bedtime, even between appointments while you are waiting.  You can read most Proverbs chapters within **2 to 4 minutes!**  TRY IT RIGHT NOW! Before reading further – Right Now – Open & Read the Proverbs Chapter for today’s date!hearwelldone.org has **an audio of each Proverbs Chapter**. Just listening on the way to work each day will let you do PRISM **I: Insight from the Word** - without taking any more time out of your day!   What if you faithfully did this one thing each day?  **I:** **Insight from the Word**.  You will have read through Proverbs - God's book of wisdom, 12 complete times in one year!  120 times in the next ten years!  What impact might that wisdom have on the decisions you make?  What would happen in the lives of your children? What if they developed the same habit as you?  It would forever alter the course of your family’s legacy for generations to come. For your children, especially pre-teens and teenagers, this habit is critical – it will differentiate them from their peers. They will be wiser than their elders.**Think about this:**  The wisest man who ever lived, wrote down the wisdom God gave him in a book for you to read - divided into portions for each day of each month.  A lifetime would not be sufficient to fully glean it's treasure. Wisdom plays no favorites, it does not discriminate, its access is universal, whoever desires wisdom can attain it from this book.  It's one of God's gifts, and God's desires for you.  He says, "Above all else, get wisdom"...  **This is the success book!**  It will teach you marriage success, parenting success, family success, friendship and relationship success, job and career success, business and financial success, leadership and government success, vision, life purpose, and legacy success.  It will teach you how to think, how to speak, how to respond, how to develop character, how to avoid problems and pitfalls, how to detect deception, how to lead, how to accomplish, and how to give and receive honor.   **Your success in life depends on wisdom from God!**  This is transcendent wisdom, that applies to your life this very day.  Written 3000 years ago, it captures and communicates the foundations and building blocks of all human success.  Kings, kingdoms and world powers have come and gone, statesmen and tyrants have arrived and departed, it has seen the rise and fall of conquerors and despots, from the Roman Empire, to Alexander the Great, Napoleon, to Hitler, it has both commended and condemned those throughout history who have adhered to - or violated its principles.  And God's wisdom in Proverbs will remain as long as earthly peoples and their governments exist, certainly long after the United States of America has become a mere footnote in the annals of human history. This is because God's wisdom for us spans every generation from the moment of creation to the end of the age.  Those who apply God's wisdom, will prosper in every area of their life.  And those who are ignorant of it, neglect it, or ignore it, do so at their own peril, at the cost of their own success. Often your S: Study the WORD (S.O.A.P.) verse will come from Proverbs (or you can SOAP a verse from all 5 areas) |

|  |  |
| --- | --- |
| **A PRISM Topic** is God’s Word on a single subject**. A Relationship Topic:** is a perspective from God’s Word on relationships. A **PRISM Topic Packet** is a grouping of PRISM or Relationship Topics of similar subjects… part of the **M: Meditate on the** **Word** of**PRISM** – (5 Things You Can Do Daily in God’s Word) - to transform **the way you think**. See [hearwelldone.org](http://www.hearwelldone.org) for PRISM Topics, Relationship Topics, or Packets. Take it with you! | **Ask God what PRISM Topic or Relationship Topic He wants you to meditate on today.** Take your PRISM Topic, Relationship Topic or Packet with you! Come back to them throughout the day!**“*It is to be with him, and he is to meditate on it day and night, so that he may learn to fear the LORD*…” - Deuteronomy 17:19** |

 **How2** – PRISM (p6) (Study the Word) hearwelldone.org

|  |
| --- |
| STEP 4 **S: Study the Word** – **Reading God's Word** is important – so you can learn to **Obey His Word**! That is essential.  **PRISM S: Study the Word** is what links your reading to understanding, and your understanding to obeying.  Use the acronym **S.O.A.P.** to dig deeper.  God will use SOAP to **reveal hidden truths** from His Word that **you haven't seen before**, and also reveal **what He wants you to do – now that He has revealed them.**  **S:  Scripture** - God, what verse do you want me to **study further**?  (Write out the verse)**O: Observation** - God, what do you want me to **see** that I haven't seen before?**A: Application** - God, what do you want me to **do**, now that you’ve shown me this?**P: Prayer** - God, **help** me!  I can't do this by myself...  (Ask Him for grace to do - what He just showed you).**How to use S.O.A.P. for the S: Study the Word part of PRISM:****S.** cripture:**“**God, what verse do you want me to study further?” He might show you a verse or two from your **Praise the Word** passage in Psalms, or from your **Read the Word** passage in the gospels or Old Testament, or from your **Insight from the Word** in your Proverbs chapter for the day, or even a verse that jumped out at you from your PRISM M: **Meditate on the Word** - (like [PRISM Topic: Speak Life](http://www.hearwelldone.org/prism-topic-speak-life.html), or [PRISM Topic: Life Purpose and Direction](http://www.hearwelldone.org/prism-topic-life-purpose--direction.html)). He might even take you to a separate passage altogether.  **God will definitely draw your heart to at least one verse** today that He wants you to dig a little deeper in.  **Write it Down - and SOAP it out!****O.** bservation: “God, what do you want me to see that I haven't seen before?” Once you ask Him, just write down what He shows you.  Trust God, as you write He will reveal new things.  He may have you look further into the meaning of a word in that verse, or bring to mind other Scriptures that reinforce the same truths.  (see e-sword.net for S: Study the Word - God will show you things through this tool!)**A.** pplication: **“**God, what to do you want me **to do** now that you've shown me this?”Ask Him specifically, and wait.  He will tell you.  Typically this will be a short and sweet summary; a one-liner that captures **the Response He wants from you** - having just revealed new truth to you in your Observation section. The A: Application of S.O.A.P. is one or two sentences that you can take with you; “the bottom line.”**P.** rayer:  God, help me with this one, I can't do this by myself. (Ask Him for grace to **do** what He just showed you.)Write out your prayer to Him **asking for His help to apply** what you just learned.  This prayer is not for your grocery list of requests, but specifically for His grace to help you obey the truths He just showed you in His Word today.  This P. of S.O.A.P. (prayer) is almost rewriting the A. of S.O.A.P. right above it (application) – in prayer form. So far in PRISM for today, you've done... **P raise the Word** - in Psalms (2-3 minutes), **R ead the Word** - in the Book of the Bible God has you reading through (5 minutes), **I nsight from the Word** - today's Proverbs Chapter… (3-4 minutes) **Your S.O.A.P. verse** will likely come from one of those 3 areas or God might have you SOAP a verse from all three! **TRY IT RIGHT NOW!** Before reading further – Right Now – Ask God what verse to S.O.A.P. out! From either your P: Praise the Word, R: Read the Word, or I: Insight from the Word. Then ask the SOAP questions, and write down what God shows you!  |

|  |  |
| --- | --- |
| **A PRISM Topic** is God’s Word on a single subject**. A Relationship Topic:** is a perspective from God’s Word on relationships. A **PRISM Topic Packet** is a grouping of PRISM or Relationship Topics of similar subjects… part of the **M: Meditate on the** **Word** of**PRISM** – (5 Things You Can Do Daily in God’s Word) - to transform **the way you think**. See [hearwelldone.org](http://www.hearwelldone.org) for PRISM Topics, Relationship Topics, or Packets. Take it with you! | **Ask God what PRISM Topic or Relationship Topic He wants you to meditate on today.** Take your PRISM Topic, Relationship Topic or Packet with you! Come back to them throughout the day!**“*It is to be with him, and he is to meditate on it day and night, so that he may learn to fear the LORD*…” - Deuteronomy 17:19** |

 **How2** – PRISM(p7)(Meditate on the Word) hearwelldone.org

|  |
| --- |
| STEP 5 **M: Meditate on the Word** – A **PRISM Topic** is God's Word - on a particular subject.  Each day, ask God what **PRISM Topic** He wants you to Meditate on throughout today – It might be a **Single PRISM Topic** – like “Speak Life” or “Life Purpose & Direction” a Relationship Topic – like “What Does God Give, or Love is Obey” or it could be a **PRISM Topic Packet** (a group of PRISM or Relationship Topics on Similar Subjects) like “The Basics Packet,” or “How To Grow In Prayer Packet.” Get these free at hearwelldone.org / PRISM Topics. Just print them off and trim off the margins. They will fit perfectly as Insert #1 in a 9x7 Conversation Log. **Take today’s PRISM Topic with you** and come back to it throughout the day. Use your “in-between minutes” to review your PRISM Topic. Get that Word in you! You will be amazed at how many opportunities there are throughout the day!  Drive time (I used to listen to Sports Talk Radio), break time, lunch time, between appointments, waiting on hold, before a meeting, just before bed.  Let God’s Word transform how you think! PRISM Topics are wonderful reminders of God's Word and His promise in key areas of life.  **PRISM M: Meditate on the Word** - God's Word brought to bear on a single subject - is absolutely powerful!  It will transform your mind - it will change the way you think! Speak these out loud - let your words establish His Truth over your life! **How to Fill Out PRISM Daily:** Filling out PRISM each day is as simple as A, B, C. A: **Fill in the Day and Date** B: **Fill Out the 5 Sections** of PRISM   Section 1: **P:**Praise the Word - Write the Reference (verse or verses you praised through)   Section 2: **R**: Read the Word - Write the Reference (section, chapter or chapters you read today in the book you  are reading through)   Section 3:  **I**: Insight from the Word - Write the Reference (the Proverbs Chapter with today's date)   Section 4:  **S**: Study the Word - Ask God to show you a verse to study further.  (Use the SOAP Questions above)                            S: God, what verse do you want me to **study further**? (Write down the reference & verse)                             O: God, what do you want me to **see** that I haven't seen before? (Write it down)                            A: God, what do you want me to **do**, now that you’ve shown me this? (Write it down)                            P: God, **help** me!  I can't do this by myself...  (Ask Him for grace to do - what He just showed you).   Section 5:  **M**: Meditate on the Word - Ask God what verse or PRISM Topic - He wants you to meditate on today,  and take it with you. Read and Re-read it throughout the day, (Prism Topics like:  Humility, Obey, Healing, Fear Not, Peace, Faith, Listen, You Are Not Fearing God for Nothing, plus more…C: **Keep coming back to PRISM** all day long - (M: Meditate on the Word) Extend your PRISM throughout the day!      God will use it to increase your hunger and transform your mind with the power of His Word. **Final Thoughts on PRISM:** It’s just a track to run on, not a religion! Start with P: **Praise the Word**, ask God if He wants you to SOAP a verse from Psalms. Then **Read the Word** or **Insight from the Word**. 3-5 minutes in **Psalms**, a chapter in **another Book** of the Bible, and **Proverbs** for today's date - covers 3 of 5 sections of PRISM.  Ask God what verse to **S: Study further** - and what M: **PRISM Topic** he wants to renew your mind with today. Remember: **The goal isn't to check off check boxes**.  **If you do one or two** of the Five parts of PRISM - Praise God!  You are growing in your love for His Word, and God promised - it will never return void (He guarantees a return on your investment).  We’ve found doing all five throughout the day brings an increased blessing!  Let the Holy Spirit lead you.  **Some days** you will end up SOAPING A VERSE in all five Sections of PRISM. Other days - you will just list the references of what you read - and just SOAP out one verse in your **S: Study the Word** section. **\*Samples** below |

|  |  |
| --- | --- |
| **A PRISM Topic** is God’s Word on a single subject**. A Relationship Topic:** is a perspective from God’s Word on relationships. A **PRISM Topic Packet** is a grouping of PRISM or Relationship Topics of similar subjects… part of the **M: Meditate on the** **Word** of**PRISM** – (5 Things You Can Do Daily in God’s Word) - to transform **the way you think**. See [hearwelldone.org](http://www.hearwelldone.org) for PRISM Topics, Relationship Topics, or Packets. Take it with you! | **Ask God what PRISM Topic or Relationship Topic He wants you to meditate on today.** Take your PRISM Topic, Relationship Topic or Packet with you! Come back to them throughout the day!**“*It is to be with him, and he is to meditate on it day and night, so that he may learn to fear the LORD*…” - Deuteronomy 17:19** |

 **PRISM** – Five things you can do daily in God’s Word **Day & Date:**

 You don’t have to do them all, or all at once. S.O.A.P. one or all five… MON 1/1/2030

|  |  |
| --- | --- |
| **P: Praise the Word:** Take a chapter in Psalms & “Praise God” using the Psalmist’s words**R: Read the Word**: Read a Chapter or a passage. Use your Hear Well Done Highlighters\***I: Insight from the Word:** God gave a Proverbs chapter a day - for wisdom. You need it! **S: Study the Word:** Use (S.O.A.P.) to go deeper. Ask God what verse. He will show you.**M: Meditate on the WORD:** A verse, a passage, or a **PRISM Topic**: (hearwelldone.org)See [www.hearwelldone.org](http://www.hearwelldone.org) / PRISM / **How2** and **Why2** PRISM Daily | **(s.) Scripture** – Write the reference and verse**(o.)** **Observatio**n – God, what do you want me to see that I  haven’t seen before?**(a.)** **Application** – God, what do you want me to do now that  you have revealed this?**(p.) Prayer** – Ask God to help you do it.  |

 . Hear Well Done Bible Highlighters: Yellow-Good Stuff, Pink-Prayer, Blue-Holy Spirit, Green-Money, Orange-Obey, Purple-Promises

|  |
| --- |
| **P:** (s) Psalms 1:1-3 |
| **R:** (s) Genesis 1:  |
| **I:** (s) Proverbs 1: |
| **S:** (s) Psalms 1:2 – But his delight is in the law of the Lord and in his law he meditates day and night. |
| (o) David said this is the person who will be blessed – or fully happy, prosperous and content: The one who delights in God’s Word, who reads it and thinks about it day and night. Do I really delight in God’s Word? Every time I read it I get something new, and God says every time I read it, it will produce something in me (it will not return void). But how did David learn to delight in the Word of God? It tells us in the next sentence: “On his law he meditates day and night. David must have done PRISM M: Meditate on the Word – Maybe it was a PRISM Topic like “Life Purpose and Direction” or maybe it was a verse or several verses he wrote on a 3x5 card and kept with him throughout the day… But clearly David didn’t just ‘do his devotions’ in the morning. Like PRISM, he must have extended his quiet time throughout the day. That means when he was watching TV before bed, he must have taken a break during the “7th Inning Stretch” of the ball game on ESPN, and got out his PRISM for today to keep his mind coming back to God’s Word – the key to his success. |
|  |
| (a) Be like David, Extend PRISM throughout the day – M: Meditate on the Word. |
|  |
| (p) God this is my heart, I want to do this, not just to be blessed, but to please you and to walk in your perfect will for my life, to fulfill the purpose you have for me in my generation – like David did. Please give me the heart to come back to PRISM throughout the day. Help me read, and re-read my PRISM Topic for the day – or the verse you want me to meditate on, or memorize. Help me God, when I don’t feel like it. Draw me to your word, increase my desire for you, in Jesus’ Name. I will obey when you prompt me today. I will stop what I’m doing and come back to your Word as you lead. I worship you, I love you more than I love the things of the world – Thank you for helping me and growing me – in Jesus’ Name.  |
|  |
| **M:** (s) PRISM Topic – Speak Life  |
|  |
|  |
|  |
|  |
|  |

 **PRISM** – Five things you can do daily in God’s Word **Day & Date:**

 You don’t have to do them all, or all at once. S.O.A.P. one or all five… Tue 1/2/2030

|  |  |
| --- | --- |
| **P: Praise the Word:** Take a chapter in Psalms & “Praise God” using the Psalmist’s words**R: Read the Word**: Read a Chapter or a passage. Use your Hear Well Done Highlighters\***I: Insight from the Word:** God gave a Proverbs chapter a day - for wisdom. You need it! **S: Study the Word:** Use (S.O.A.P.) to go deeper. Ask God what verse. He will show you.**M: Meditate on the WORD:** A verse, a passage, or a **PRISM Topic**: (hearwelldone.org)See [www.hearwelldone.org](http://www.hearwelldone.org) / PRISM / **How2** and **Why2** PRISM Daily | **(s.) Scripture** – Write the reference and verse**(o.)** **Observatio**n – God, what do you want me to see that I  haven’t seen before?**(a.)** **Application** – God, what do you want me to do now that  you have revealed this?**(p.) Prayer** – Ask God to help you do it.  |

 . Hear Well Done Bible Highlighters: Yellow-Good Stuff, Pink-Prayer, Blue-Holy Spirit, Green-Money, Orange-Obey, Purple-Promises

|  |
| --- |
| **P:** (s) **Psalms 98:3** He has remembered his love and faithfulness to the house of Israel; all the ends of the earth have seen the salvation of our God |
| **R:** (s) **I Samuel 17:32** David said to Saul, “Let no one lose heart on account of this Philistine; your servant will go and fight him.”  |
| **I:** (s) **Proverbs 11:3** The integrity of the upright guides them, but the unfaithful are destroyed by their duplicity. (O): You can’t walk in faith – if you cherish sin in your heart. No Goliath-slayings for you, you just get taunted. (A) Love God – Hate Sin – Get to kill Goliaths (P) God – help me turn instantly from evil. |
| **S:** (s) **I Samuel 7:36-37** – Your servant has killed both the lion and the bear; this uncircumcised Philistine will be like one of them because he has defied the armies of the living God. The LORD who delivered me from the paw of the lion and the paw of the bear will deliver me from the hand of this Philistine.” Saul said to David, “Go, and he LORD be with you.” |
| (o) David was concerned with God’s concern. Israel. “Who is this uncircumcised Philistine that he should defy the armies of the living God?” v 26 - David was already asking about the reward for killing him? (not wondering if it was worth the effort, just wanting to know what he was about to get). Tattletales. What David was saying (faith) was already reported to Saul. Everyone else spoke fear, David spoke faith. David was a leader – creating morale: “Don’t lose heart, King Saul, because of this guy, I”ll fight him.” Saul said, “You can’t, you’re only a boy, you have no experience, no armor, and he has been a warrior since his youth.” For every thing God calls you to do, there are many reasons why you can’t – but every one of them is irrelevant when God is about to do something. David’s secret? “But God!” You’re right King Saul, about those things… “But my God!” David’s faith wasn’t blind faith. His faith was built on his obedience experience. That’s why David had a lion and bear story to tell – he had his 30 second elevator (faith) account. David SPOKE his faith, he didn’t keep it to himself. People around you are desperate for faith; for someone that will take God at his Word. Proven by the desperation of King Saul – sending a boy to do a man’s job, (actually his job – as King) that’s desperate! Note: Faithful men can be falsely accused: David’s own brother Eliab “I know how conceited you are and how wicked your heart is; you just came to watch the battle” Often accusations come from those closest to you. David was not deterred, or distracted. He knew what God was telling him to do.  |
| (a) 1) When God tells you to do something – every reason why you shouldn’t – is irrelevant. 2) Meanwhile, Get obedience Experience – David’s vision and faith was built on his obedience track record – get one for yourself 3) Speak your faith – what is God prompting you now?(little thing) to give you something to talk about him about…  |
| (p) God help me be blameless. To love you more than the things of this world. Help me to be a worshipper in Spirit and truth. Help me obey in the little things, So I will be able to speak faith for the big things |
| **M:** (s) (Just a verse, not a full PRISM Topic today) **Rom 15:4** For everything that was written in the past was written to teach us, so that through endurance and the encouragement of the scriptures we might have hope  |