**Insert #1** – **Grow in Prayer Packet** – 11 Ways hearwelldone.org

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| Have you ever felt ineffective at prayer? Have you ever felt guilty for ‘not praying enough?’ Have you ever been disappointed or disillusioned with praying? Prayer is a powerful gift for our daily life, but it’s also something many people struggle to do consistently. This Insert will help you grow in prayer. God will lead you. Listen, enjoy the conversation with him and get ready to see God do amazing things!  **11 Ways to Grow in Prayer**  1 **The Lord’s Prayer** - The pattern that Jesus shared with His disciples.  The disciples recognized that **Jesus' prayer life** was the source of everything he did.  He modeled it continuously. They knew that his life and ministry flowed out of his relationship with his Heavenly Father.  So when they asked him, “Teach us how to pray,” He gave them ‘The Lord’s Prayer.’ When He said, “After this manner, pray ye,” they understood it was more than words to pray, it was a template or structure that would help them pray.  2 **Pray Scriptural Prayers** - The Bible contains powerful, effective prayers that can launch your prayer times.  3 **Pray the Word** (any verse) - God’s Word is a powerful prayer starter. Use God’s Word to be the catalyst for what you pray; any book, any verse. When praying God’s Word, pray for what the Word says - for yourself or others. Or, if the verse contains a negative reference, ask God for the opposite - His Godly principles and promises which apply; and pray those over yourself and others.  4 **Pray in the** **Spirit** - When you don’t know what to pray… pray in the Spirit. (see the **PRISM Topic** Packet: The Holy Spirit) Jude 1:20 – But you, dear friends, build yourselves up in your most holy faith, praying in the Holy Spirit. Romans 8:27 – In the same way the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us with groans that words cannot express. And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for the saints in accordance with God’s will.  5 **What do you need most from God today?** - This might be the best question ever. If you will ask this question - God will open a window into someone’s heart; even a complete stranger. Just be bold enough to ask, and then have the courage to pray for them, out loud, right there, on the spot. Ask the Holy Spirit to pray through you.  You will be amazed at what He says to them.  6 **Relationship Topic: How To Pray For Someone** **You** **Love** – A simple reference for prayer – a huge blessing.  7 **PiVAT Prayer List** – Ask God what He wants you to pray – then pray. (Monthly Insert in your Conversation Log)  8 **Pray someone else’s PiVAT Prayer List over them** (God will give you His words to pray for what is on their heart)    9 **Pray a PRISM Topic** (Life Purpose & Direction, Peace, Kindness… Pray God’s Word over yourself and others.)  10 **Agree in prayer with someone over someone else.** (There is power in agreeing prayer.)  11 **Pray for the peace of Jerusalem, Pray for your nation, and its leaders.** (Just obey what God said to do.) |

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**PRISM Topic** – The Lord’s Prayer & Jesus’ Prayer www.hearwelldone.org

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| Matthew 6:9-13 – After this manner therefore pray: **Our Father** who is in heaven, **hallowed** be your name.  **Your kingdom come**, **Your will be done** in earth, as it is in heaven. **Give us** this day our daily bread.  And **forgive us** our debts, **as we forgive** our debtors. And **lead us not** into temptation, but **deliver us** from evil:  for **yours** is the **kingdom** and the **power**, and the **glory**, forever. Amen.  **John 17:1-25 –** After Jesus said this, he looked toward heaven and prayed: “Father, the hour has come; glorify Your Son, **that the Son may glorify You**, even as You gave Him **authority over all flesh**, that to all whom You have given Him, He may give eternal life. “This is eternal life, **that they may know You**, the only true God, **and Jesus Christ** whom You have sent. “I **glorified You on the earth**, having **accomplished the work which You have given me to do**.  “Now, Father, glorify Me together with Yourself, with the glory which I had with You before the world was. “I have manifested Your Name to **the men whom You gave Me** out of the world; they were Yours and You gave them to Me, and **they have obeyed Your word**.”  “Now they have come to know that everything You have given Me is from You; for the **words which You gave Me** I have given to them; and **they received *them* and truly understood** that I came forth from You, and **they believed** that You sent Me. I ask on their behalf; I do not ask on behalf of the world, but of **those whom You have given Me**; for they are Yours; and all things that are Mine are Yours, and Yours are Mine; and I have been glorified in them. “I am no longer in the world; and *yet* they themselves are in the world, and I come to You. Holy Father, **keep them in Your name**, *the name* which You have given Me, **that they may be one even as We *are****.”*  “While I was with them, I was keeping them in Your name which You have given Me; and I **guarded them** and **not one of them perished** but the son of perdition, so that the Scripture would be fulfilled. But now I come to You; and these things I speak in the world so that **they may have My joy made full in themselves**. I have given them Your word; and the world has hated them, because they are not of the world, even as I am not of the world. “I do not ask You to take them out of the world, **but to keep them from the evil *one****.* “They are not of the world, even as I am not of the world.”  “**Sanctify them in the truth; Your word is truth.** As You sent Me into the world, I also have sent them into the world. “For their sakes I sanctify Myself, that they themselves also **may be sanctified in truth**. I do not ask on behalf of these alone, **but for those also who believe in Me through their word**; that they **may all be one; even as You, Father, *are* in Me and I in You**, that they also may be in Us, so that the world may believe that You sent Me. “The glory which You have given Me I have given to them, that they may be one, just as We are one; **I in them and You in Me**, that they may be **perfected in unity**, so **that the world may know** that You sent Me, and loved them, even as You have loved Me.”  “Father, I desire that they also, whom You have given Me, **be with Me where I am**, so that **they may see My glory** which You have given Me, for You loved Me before the foundation of the world. O righteous Father, although the world has not known You, yet I have known You; and these have known that You sent Me; and I have **made Your name known** to them, and will make it known, so that **the love with which You loved Me may be in them**, and **I in them**.” |

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**PRISM Topic** - Scriptural Prayers for those you love hearwelldone.org

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| **Philippians 1:9-11** - And this is my prayer: that your **love may abound** more and more **in knowledge** and **depth of insight**, so that you may be able to **discern what is best** and may be **pure and blameless** until the day of Christ, filled with the **fruit of righteousness** that comes through Jesus Christ - to the glory and praise of God.    **Colossians 1:9-12** - For this reason, since the day we heard about you, we have not stopped praying for you and asking God to **fill you** with **the knowledge of his will** through **all spiritual wisdom** and understanding.  And we pray this in order that you may **live a life worthy** of the Lord and may **please him in every way**: bearing **fruit** in **every good work**, growing in **the knowledge of God**, being **strengthened with all power** according to his glorious might so that you may have **great endurance** and **patience**, and **joyfully giving thanks** to the Father, who has qualified you to share in the inheritance of the saints in the kingdom of light.   **Ephesians 1:15-19** - For this reason, ever since I heard about your **faith** **in the Lord Jesus** and your **love for all the saints**, I have not stopped giving thanks for you, remembering you in my prayers.  I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you **the Spirit of wisdom and revelation** so that you may **know him better**.  I pray also that the **eyes of your heart may be enlightened** in order that you may **know the hope to which he has called you**, the riches of his glorious **inheritance** in the saints, and his **incomparably great power** for us who **believe**...  **Ephesians 3:16-21** - I pray that out of his glorious riches he may **strengthen you with power** through his Spirit in your **inner being**, so that Christ may **dwell** in your hearts **through faith**.  And I pray that you being **rooted and grounded in love**, may have **power**, together with all the saints to **grasp** how wide and long and high and deep is **the love of Christ**.  and to **know this love** that surpasses knowledge - that you may be **filled to the measure of all the fullness of God**.  Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.  **I Corinthians 1:4-9** - I always thank God for you because of his **grace given you** in Christ Jesus.  For **in him** you have been **enriched in every way** - in **all your speaking** and in **all your knowledge** - because our testimony about Christ was confirmed in you.  Therefore you **do not lack any spiritual gift** as you eagerly wait for our Lord Jesus Christ to be revealed.  He will **keep you strong to the end**, so that you will be **blameless on the day of our Lord Jesus Christ.** God, who has called you into fellowship with his Son Jesus Christ our Lord is faithful.    **2 Thess 1:11-12** - With this in mind, we constantly pray for you, that our **God** may **count** **you** **worthy of his calling** and that by his power he may **fulfill every good purpose** of yours and **every act prompted by** your **faith**.  (fulfill all the good pleasure of His goodness and the work of faith with power) We pray this so that the **name** **of** our Lord **Jesus** may **be glorified in you**, and you in him, according to the grace of our God and the Lord Jesus Christ.    **Romans 15:13** - May the God of hope **fill you with all joy and peace** as you **trust in him**, so that you may **overflow with hope** by the power of the Holy Spirit.  **Philippians 1:3-6** - I thank my God every time I remember you.  In all my prayers for all of you.  I always pray with joy because of your partnership in the gospel from the first day until now, being confident of this, that he who **began** a **good work** in you will **carry it on to completion** until the day of Christ Jesus. |

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**PRISM Topic** - Scriptural Prayers for those you love (2) hearwelldone.org

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| **2 Thes 2:16-17** - May our Lord Jesus Christ himself and God our Father, who loved us and by his grace **gave** us **eternal encouragement** and good hope, **encourage** your hearts and **strengthen you** in **every good deed and word.**  **2 Thessalonians 3:16** - Now may the Lord of peace himself **give you peace** at **all times** and in **every way**...  **Philemon 1:4-6** - I always thank my God as I remember you in my prayers, because I hear about your **faith** in the Lord Jesus and your **love for all the saints**.  I pray that you may be **active in sharing your faith**, so that you will have a **full understanding** of **every good thing we have** in Christ.   **I Peter 4:7-11** - The end of all things is near.  Therefore be **clear minded** and **self-controlled** so that you can **pray**.  Above all, **love** each other deeply, because love **covers** over a multitude of sins.  Offer **hospitality** to one another **without grumbling**.  Each one should **use whatever gift** he has received to **serve** others, faithfully administering God's grace in its various forms.  If anyone speaks, he should do it as one **speaking the very words of God**.  If anyone **serves**, he should do it **with the strength God provides**, so that in all things **God may be praised** through Jesus Christ.  To him be the glory and the power forever and ever.  Amen.  **James 1:5** - If any of you lacks **wisdom**, he should **ask** God, who gives liberally to all without finding fault, and it will be **given to him**.     **Ephesians 6:19-20** - Pray also for me, that whenever I **open my mouth**, **words may be given me** so that I will **fearlessly** make known the mystery of the gospel, for which I am an ambassador in chains.  Pray that I may **declare it** fearlessly, as I should.   **Colossians 4:3-4** - And pray for us, too, that God may **open** a **door** for our **message**, so that we may **proclaim** the mystery of Christ for which I am in chains.  Pray that I may **proclaim it clearly as I should**.  **2 Thessalonians 3:1** - Finally brethren pray for us that the **message of the Lord** may **spread rapidly** and **be honored** just as it was with you.  And pray that we may **be delivered** from wicked and evil men, for not everyone has faith.  But the Lord is faithful, and he will **strengthen and protect** you from the evil one.   **Romans 15:5-6** - May the God who gives **endurance and encouragement** give you a **spirit of unity** among yourselves as you follow Christ Jesus, so that with **one heart and mouth** you may glorify the God and Father of our Lord Jesus Christ.   **Colossians 2:1-3** - I want you to know how much I am struggling for you and for those at Laodicia, and for all who have not met me personally.  My purpose is that they may be **encouraged in heart** and **united in love**, so that they may have the **full riches of complete understanding**, in order that they may **know the mystery of God**, namely, Christ in whom are hidden **all** the **treasures of wisdom and knowledge**.    **Acts 4:28-30** – “They did what your power and will had decided beforehand should happen.  Now, Lord, consider their threats and **enable** your servants **to speak your word** with **great boldness**.  Stretch out your hand to **heal and perform miraculous signs and wonders** through the name of your holy servant Jesus." |

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| **Colossians 1:3-6** - We always thank God, the Father of our Lord Jesus Christ, when we pray for you, because we have heard of your **faith** in Christ Jesus and of the **love** you have for all the saints - the faith and love that spring from the **hope** that is **stored up** for you in heaven and that you have already heard about in the word of truth, the gospel that has come to you.  All over the world this gospel is **bearing fruit and growing** just as it has been doing among you since the day you heart it and **understood God's grace** in **all it's truth**.    **Colossians 4:12** - Epaphras, who is one of you and a servant of Christ Jesus, sends greetings.  He is always wrestling in prayer for you, that you may **stand firm in all the will of God**, **mature** and **fully assured**.    **I Thessalonians 1:2-3** - We always thank God for all of you, mentioning you in our prayers.  We continually remember before our God and Father your **work** produced **by faith**, your **labor** prompted **by love**, and your **endurance** inspired **by hope**, in our Lord Jesus Christ.   **I Thessalonians 3:12-13** - May the Lord make **your love increase and overflow** for each other and for everyone else, just as ours does for you.  May he **strengthen your hearts** so that you will be **blameless and holy** in the presence of our God and Father when our Lord Jesus comes with all his holy ones.    **I Thessalonians 5:23-25** - May God himself, the God of peace, **sanctify you through and through**.  May your **whole spirit, soul and body** **be kept blameless** at the coming of our Lord Jesus Christ.  The one who calls you is faithful and he will do it.    **2 Thessalonians 1:3** - We ought always to thank God for you, brothers, and rightly so, because your **faith** is **growing more and more**, and the **love** every one of you has for each other is **increasing**.    **Hebrews 13:20** - May the God of peace, who through the blood of the eternal covenant brought back from the dead our Lord Jesus, that great Shepherd of sheep, **equip you** with **everything good for doing his will**, and may he **work in us** what is **pleasing to him**, through Jesus Christ to whom be glory forever and ever, Amen.  **James 5:13-16** - Is any one of you in trouble?  He should pray.  Is anyone happy? let him sing songs of praise.  Is any one of you sick?  He should call the elders of the church to pray over him and anoint him with oil in the name of the Lord.  And the **prayer offered in faith** will **make the sick person well**: the Lord will **raise him up**.  If he has sinned, he will be **forgiven**.  Therefore confess your sins one to another and **pray for each other** so that you may be healed.  The **prayer of a righteous man** is **powerful and effective**.    **I Peter 3:7** - Husbands, in the same way **be considerate** as you live with your wives; and **treat them** with respect as the weaker partner and as heirs with you of the gracious gift of life, so that **nothing will hinder your prayer**s.   **3 John 1:2** - Beloved, I pray that you may **prosper in all things** and **be in health**, just as your **soul prospers**.    **I Corinthians 13:4-7** -  Love is **patient**, love is **kind**.  It does **not envy**, it does **not boast**, it is **not proud**.  It is **not rude**, it is **not self-seeking**, it is **not easily angered**, it keeps **no record of wrongs**.  Love does **not delight in evil** but **rejoices with the truth**.  It **always protects**, always **trusts**, always **hopes**, always **perseveres**, Love never fails. |

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**PRISM Topic** – Prayer hearwelldone.org

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| **Pray** H6419 – palal (Paw-lal) **to intercede, entreat, make** **supplication**.  Intercede: **to pass between**, to mediate, to interpose, make intercession, to act between parties with a view to  reconcile those who differ or contend.  Entreat - **to make urgent petition or request**, Supplication (Entreaty, **humble and earnest prayer in worship**) Petition - **to make request of favor from a** **superior**)  **Pray** G4336 – proseuchomai (pros-yoo-khom-ahee) to pray to God, supplicate, worship.  ‘Pros’ – **toward** (in the direction of, by the side of, near).  ‘Euchomai’ – (yoo-khom-ahee) **to** **wish** (by implication to pray to God)  **Literally** – **to make a wish toward God. Urgently present your desire**.  **Pray** G1189 - deomai (deh-om-ahee) **to beg as binding oneself**, petition, beseech [an urgent need]  Beseech (to implore -**call out for, with urgency**), make request.  **Pray** G3870 - parakaleo – (par-ak-al-eh-o) **to call near**, invite, invoke(**to call on for assistance and protection**)  **Pray** G2065 - erotao – (er-oh-tah-o) to **request as a favor.**  **Ask** H7592 – sha-al (shaw-al, shaw-ale) to **inquire, request, demand**, ask counsel on, **beg**, borrow, **lay to charge**,  **desire earnestly** enquire, pray, **require.**  **Ask** H1245 – baqash (baw-kash) to **search out**, **strive after**, **seek**, beseech, make inquisition, desire, enquire, get  **Ask** G154 – aiteo (ahee-teh’-o) to **ask, beg, call for**, crave, desire, require, (**a demand for something due**)  **Prayer** - H8605 – tphillah (tef-il-law) **intercession, supplication**,  **Prayer** – G4335 – proseuche (pros-yoo-khay) prayer(worship), **to pray earnestly**  **Prayer** – G1162 – deesis (deh’-ay-sis) **a petition**, prayer request, supplication  **Prayer** – G2171 – euche – (yoo-khay) **a wish expressed as a petition to God**, [the prayer of faith will heal the sick]  **Why Pray?**  **1 Because He tells us to** **Colossians 4:2** - **Devote yourselves to prayer**, being watchful and thankful.  Romans 12:12 – Be joyful in hope, patient in affliction, **faithful in** **prayer**.  **Luke 18:1** - Then Jesus told his disciples a parable to show them how they **should always pray and not give up**.  I **Thessalonians 5:17** - **Pray without ceasing**.  **Acts 2:42** - They **devoted themselves** to the apostles' teaching and to the fellowship, to the breaking of bread and **to prayer**.  **I Samuel 12:22-24** - For the sake of his great name the LORD will not reject his people, because the LORD was pleased to make you his own.  As for me, far be it from me that I should sin against the LORD by **failing to pray** for you. And I will teach you the way that is good and right.  But be sure to fear the LORD and serve him faithfully with all your heart; consider what great things he has done for you.  **2 To escape temptation**  **Matthew 26:41, Luke 22:46** - Watch and pray **so that you will not fall into temptation**.  The spirit is willing, but the body is weak. |

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**PRISM Topic** – Prayer (2) hearwelldone.org

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| **Why Pray?**    **3 To be aware of his coming Mark 13:32-33** - No one knows about that day or hour, not even the angels in heaven, nor the Son, but only the Father.  Be on guard, **watch and pray**.  You do not know when that time will come.  **4 Prayers according to God's will have eternal purpose** (Fill the bowls) **Revelation 5:8** - And when he had taken it, the four living creatures and the twenty-four elders fell down before the Lamb.  Each one had a harp and they were holding golden bowls full of incense, which are **the prayers** **of the saints.**  **5 To be healed**  **James 5:16** - Therefore confess your sins to each other and **pray** **for each other** **that you may be healed**.  The prayer of a righteous man is powerful and effective.  **How to Pray?**  **1 Pray in secret  Matthew 6:6** - But when you pray, go into your room, and pray to your Father, who is unseen.  Then your Father who **sees what is done in secret** will reward you openly.   **2 Pray believing** **Mark 11:24** -  Therefore I tell you, **whatever** you ask for in prayer, **believe that you have received it**, and it will be yours.  **3 Let the Holy Spirit pray** **Romans 8:26-27** - In the same way, the Spirit helps us in our weakness.  **We do not know** what we ought to pray for, but **the Spirit himself intercedes** for us with groans that words cannot express.  And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for the saints in accordance with God's will. **I Corinthians 14:15** - So what shall I do?  I will pray with the spirit, and I will pray also pray with my mind...  **4 Pray the prayer of faith James 5:15** - And **the prayer offered in faith** will make the sick person well; the Lord will raise him up.  If he has sinned, he will be forgiven.   **5 Pray for one another - with confession** **James 5:16** - Therefore confess your sins to each other **and pray for each other** that you may be healed.  The prayer of a righteous man is powerful and effective.  **6 Pray in agreement Matthew 18:19-20** - Again, I tell you that **if two of you** on earth agree about anything you ask for, **it will be done for you** by my Father in heaven.  For where two or three come together in my name, there I am with them. |

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| **What to Pray?**  **1) For daily bread 2) For forgiveness 3) For protection from temptation** **4)  For deliverance from evil**  (all from The Lord's Prayer - Matthew 6:9-13)  **5) For forgiveness for others**  **Luke 23:34** - Jesus said, "**Father, forgive them**, for they know not what they do.”  And they divided up his clothes by casting lots.  **6) For His will not ours Matt 26:42** - He went away a second time and prayed, "My Father, if it is not possible for this cup to be taken away unless I drink it, may **your will** be done.   **7) For Wisdom James 1:5** - If any of you **lacks wisdom, let him ask** of God who gives freely to all without finding fault, and it will be given to him.  **8) For Laborers**   **Matthew 9:38** - Ask the Lord of the harvest, therefore, **to send out workers** into his harvest field.  **9) For children Matt 19:13-14** - Then little children were brought to Jesus **for him to place his hands on them and pray for them**.  But the disciples rebuked those who brought them.  Jesus said, "Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these.  **10) For your enemies** **Matthew 6:28** - Bless those who curse you, **pray for those who** mistreat you.   **11) For those in authority**  **I Timothy 2:1-2** - I urge, then, first of all, that requests, prayers, **intercession** and thanksgiving **be made** for everyone - for kings and **all those in authority**, that we may live peaceful and quiet lives in all godliness and holiness.  **12)  For the Holy Spirit's filling** **Luke 11:13** - If you then, though you are evil, know how to give good gifts to your children, how much more will you Father in heaven **give the Holy** **Spirit** **to those who ask** him!"  **13) For the peace of Jerusalem** **Psalms 122:6 -** **Pray for** the peace of Jerusalem: they shall prosper that love thee. |

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**PRISM Topic** – Prayer (4) hearwelldone.org

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| **What to Pray?**  **15) For the Lost** **Romans 10:1 -** Brothers, **my heart’s desire and prayer** to God for them **is that they may be saved**.  I Tim 2:1-4 - I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made **for all people**, for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. This is good, and **pleases God** our Savior, who **wants all people to be saved** and to come to a knowledge of the truth.  **II Peter 3:9** - The Lord is not slack concerning his promise, as some men count slackness; but is longsuffering toward us, not willing that any should perish, but that **all** should come to repentance.   **16)  For Unity John 17:23** - I in them and you in me.  **May they be brought into complete unity** to let the world know that you sent me and have loved them even as you have loved me.   **17) For Christ's return** **Revelation 22:20** - He which testifieth these things saith, Surely I come quickly.  Amen.  **Even so, come**, Lord Jesus.  **When to Pray?**  **1 Always** **Luke 18:1** - Then Jesus told his disciples a parable to show them that they **should always pray** and not give up. **I Thessalonians 5:17** - Pray **continually**.  [Pray without ceasing] [Never stop praying]  **2 Early in the morning** **Mark 1:35** - **Very early** in the morning, while it was still dark, **Jesus got up**, left the house and **went** off to a solitary place, where he prayed.  **Job 1:5** - And it was so, when the days of their feasting were gone about, that Job sent and sanctified them, and **rose up early** in the morning, and offered burnt offerings according to the number of them all: for Job said, It may be that my sons have sinned, and cursed God in their hearts.  Thus Job did continually.  **3 At noon** **Acts 10:9** - On the morrow as they went on their journey, and drew nigh unto the city, **Peter went up upon the housetop to pray** about the 6th hour.  (Noon)  **4 In the afternoon Acts 3:1** - Now Peter and John went up together into the temple at the **hour of prayer**, being the ninth hour (or three o'clock pm).    **5 In the evening** **Matt 14:23** - And when he had sent the multitudes away, he went up into a mountain apart to pray:  and when **evening** was come, he was there alone. |

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**PRISM Topic** – Prayer (5) hearwelldone.org

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| **When to Pray?**  **6 Morning, Evening and  Noon Psalms 55:17** - Evening, and morning, and at noon, **will I pray and cry aloud**, and he shall hear my voice.   **7 Day and Night Luke 18:6-7** - And the Lord said, "Listen to what the unjust judge says.  And will not God bring about justice for his chosen ones, **who cry out to him day and night?**  Will he keep putting them off?   **8 All night long** **Luke 6:12** - And it came to pass in those days, the he went out to a mountain to pray, and **continued all night** in prayer to God.  **9 When we have sinned** **II Chron 7:14** - If my people, which are called by my name, shall **humble themselves and pray**, and seek my face, and turn from their wicked ways, then will I hear from heaven, and will forgive their sin, and will heal their land.   **10 In the day of trouble Psalms 86:7** - In the day of my trouble I will call to you, for you will answer me.   **11 When you are wronged or persecuted Luke 6:28** - But I say unto you, Love your enemies, bless them that curse you, do good to them that hate you, and **pray for them which despitefully use you**, and persecute you.  **12 When friends disappoint you or betray you** **II Timothy 4:16** - At my first answer no man stood with me, but all men forsook me:  I pray God that it may not be laid to their charge.   **13 When facing a trial or test Matthew 26:36** - Then Jesus went with his disciples to a place called **Gethsemane**, and he said to them, "Sit here while I go over there and pray."   **14 When facing hardship or trouble** **James 5:13** -  **Is any among you afflicted?  let him pray**.  Is any merry?  let him sing psalms.  **15 When a brother sins I John 5:16** - If any man **see his brother commit a sin** which does not lead to death, **he should pray** and God will give him life...   **16 Regularly**   **I Samuel 12:23** - Moreover as for me, God forbid that I should sin against the LORD in **ceasing to pray** for you:  but I will teach you the good and right way. |

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**PRISM Topic** – Prayer (6) hearwelldone.org

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| **When to Pray?**  **17 While he may be found**  **Psalms 32:4** - Therefore **let everyone who is godly pray to you while you may be** **found**; surely when the mighty waters rise, they will not reach him.  **What Not to Pray**  **1 For your own pleasures** James 4:3 - You ask and do not receive, because **you ask with wrong motives**, so that you may spend it on your pleasures.  **2 To avoid God's plan** **John 17:15-16** - **My prayer is not that you take them out of the** **world** but that you protect them from the evil one.  They are not of the world, even as I am not of it.  **3 Anything outside of God’s will**  **Matthew 26:53-54** - Are you not aware that I can call on My Father, and He will at once put at my disposal more than twelve legions of angels? **But how then** would the Scriptures be fulfilled that say it must happen in this way.  **How Not to Pray**  **1 Don't pray to be seen** **Matthew 6:5** - And when you pray, do not be like the hypocrites, for they love to pray standing on the street corners **to be seen by men**.  I tell you the truth, they have received their reward in full.   **Luke 20:47** - They devour widows' houses and **for a show** make lengthy prayers.  Such men will be punished most severely.  **2 Don't pray repetitions**.  Many Words don't make better prayers **Matthew 6:7-8** - And when you pray do not use **meaningless repetition** like the pagans, for they think that they will be heard because of their many words.  Do not be like them, for your Father knows what you need before you ask him.  **3 Don't pray holding anything against someone** **Mark 11:25** - And when you stand praying, **if** you hold anything against anyone, **forgive him**, so that your Father in heaven may forgive you your sins.  **4 Don't pray and doubt James 1:6-8** - But when he asks, he **must believe and not doubt**, because he who doubts is like a wave of the sea, blown and tossed by the wind.  That man should not think he will receive anything from the Lord; he is a double-minded man, unstable in all he does. |

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**PRISM Topic** – Prayer (7) hearwelldone.org

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| **How Not to Pray**  **5 Don't pray in pride** **Luke 18:11-14** - The Pharisee stood up and prayed about himself:  'God, I thank you **that I** **am** not like other men - robbers, evildoers, adulterers - or even like this tax collector.  I fast twice a week and give a tenth of all I get.  But the tax collector stood at a distance. He would not even look up to heaven, but beat his breast and said,  "God, have mercy on me a sinner."  I tell you this man, rather than the other, went home justified before God.  For everyone who exalts himself will be humbled, and **everyone who humbles himself will be exalted**."  **6 Don't pray with selfish motives** **James 4:1-8** - What causes fights and quarrels among you?  Don't they come from your desires that battle within you?  You want something but don't get it.  You kill and covet, but you cannot have what you want.  You quarrel and fight.  You do not have because you do not ask God.  When you ask, you do not receive, **because you ask with wrong motives that you may spend what you get on your pleasures**.  You adulterous people, don't you know that friendship with the world is hatred toward God?  Anyone who chooses to be a friend of the world becomes an enemy of God.  Or do you think Scripture says without reason that the Spirit He caused to live in us envies intensely?  But he gives us more grace.  That is why scripture says:  "God opposes the proud but gives grace to the humble."  Submit yourselves, then, to God.  Resist the devil, and he will flee from you.   **7 Don't pray if you are not treating your wife well** (or your mother, or sister) **I Peter 3:7** - Husbands in the same way be considerate as you live with your wives, and treat them with respect as the weaker partner and as heirs with you of the gracious gift of life, **so that nothing will hinder your** **prayers**.  **8 Don't pray if you are sinning.  Stop sinning, then pray** **Isaiah 1:15-16** - When you spread out your hands in prayer, I will hide my eyes from you; even if you offer many prayers, I will not listen.  Your hands are full of blood; wash and make yourself clean.  Take your evil deeds out of my sight!  Stop doing wrong.  **I Peter 3:12** - For the eyes of the Lord are over the righteous and his ears are open to their prayers, but the face of the Lord is **against those who do evil**.  **I John 3:22** - And whatever we ask, we receive from Him, **because we keep His commandments** and do those things that are pleasing in his sight.  **Just pray… and keep praying!**  Know what God’s Word says about prayer. (The more you read His Word – the more you will pray, effectively.)  Pray His Word – you can’t go wrong.  Pray in the Spirit – and He will do the praying for you.  Ask God what He wants you to pray (PiVAT Prayer List helps). Then Pray!  Pray with somebody! Two are better than one.  Ask God to make you a man or woman of prayer.  God has things that He wants you to pray! Prayers that are fervent and effectual, that will avail much! |

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**Relationship Topic** – How To Pray For Someone You Love

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| **Spiritually**  hearwelldone.org 1)  A Praise that brings His Presence (continual offering, a hallmark of their life) 2)  A Pure Heart before God - cleansed of all sin 3)  Hunger for God's Word 4)  Thirst for Righteousness - A heart to obey 5)  Ears to Hear, Grace to Obey 6)  Divine protection against the attacks of the enemy, discernment, power, peace 7)  Vision - for the day, week, month, and year 8)  The Joy of Obedience. Celebrating every good choice! 9)  Holiness - (that the world would lose its attractiveness) 10) Fruit - (that they would see God's Hand at work as they obey) Kingdom Fruit 11) Testimony - that they would get good at the Testimony; giving God credit continually 12)  Overcome Every Temptation 13)  The Anointing of the Holy Spirit - overflowing in their life 14) Feeding - Receiving and Pouring Out 15) Become a man or woman of Prayer - in the Spirit and with the understanding  **Physically** 1)  Rest - Discipline, and counsel in the night season 2)  Food - God's provision, wisdom, and right choices 3)  Health - Divine protection from any and every disease.  Perfect Health and wholeness of mind, body and spirit 4)  Safety - Divine protection, hidden from every evil, deliverance from all harm 5)  Growth - Physical strengthening, exercise, God's designed workout  **Mentally** 1)  A Mind transformed by God's Word and fully controlled by the Holy Spirit 2)  Divine protection from deception, the devil getting zero foothold 3)  The ability to clearly understand and articulate God's truth vs. the devil's lies  **Intellectually** 1)  Revelation for PiVAT Daily - God's direction for work time, study time, people time 2)  Grace to be faithful to study when it's time to study, work when it's time to work 3)  Extreme focus 4)  Clear, Supernatural understanding of academic subjects and concepts.  Discernment between important  and superfluous 5)  Retention 6)  Joy in Obedience.  Celebrate Study & Learning Progress.  God's affirmation 7)  Revelation, Vision, Specific Direction for College and Future 8)  Divine Provision for College without Debt 9)  God's revelation for further and lifelong education.  What God wants you to learn 10)  Peace, Trust, Desire, Faithfulness, knowledge with love (I Cor 8:1) to build up, not puff up |

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**Relationship Topic** – How To Pray For Someone You Love (2)

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| **Socially**  hearwelldone.org 1)  Divine Appointments and Friendships 2)  Only Friendships that point to Jesus 3)  Grace to choose to avoid the path of the wicked 4)  Discernment for ministry relationships.  Not everyone is your mission field.  Protection 5)  Distaste for worldly activities 6)  Joy in Righteousness 7)  Service - Outreach opportunities 8)  A Daily Disciple Relationship (Daily PiVAT Call)  **Ministry** 1)  Live a Life worthy of the Calling of Christ 2)  Revelation on where to serve and when 3)  Holy Spirit Anointing 4)  Fruit - to see the fruit of their labor 5)  Souls would come to Christ 6)  That they would make disciples, teaching them to obey everything Jesus commanded  **Family** 1)  Honor their Father and Mother 2)  Love their Spouse all the days of their life (even before they know them) 3)  Submit to one another in brotherly love (siblings) 4)  Train up their children in the way they should go 5)  Be salt and light, speak life, always building, never tearing down 6)  A home filled with love, laughter, faithfulness, friendship, and ministry to others 7)  God's divine protection, provision, and direction  **Financially** 1)  Fully content with what they have - not drawn to the cheap temporary things of the world 2)  Financially Faithful: Know where God's money is, and Ask Him what to do with it - daily 3)  Give joyfully, Save regularly, and Spend purposefully- only as God directs, led by the Holy Spirit 4)  In Unity with their spouse financially, and discipling their children 5)  Debt-Free:  Absolutely refuse the curse and bondage of debt all the days of their life 6)  Completely Honest in even the smallest matter 7)  Seek Godly Counsel - and be given the gift of discernment through the Holy Spirit 8)  That God would give them the grace of giving 9)  Fully obedient, Full of joy, not measuring success in money accumulated, but money faithfully distributed  (gaining treasure in heaven) 10)  That God would abundantly provide seed and bread & the revelation and wisdom to hear and obey with it |

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**Relationship Topic** – How To Pray For Someone You Love (3)

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| **Job & Career** 1)  That God would give them a job they love! (that they would do even if they didn't get paid) 2) Something they are really good at, and want to get better at 3) That not everyone can do 4) That bears fruit (that will last) 5) That provides what their family needs financially and extra to save for the future, and give hilariously!  **Work** 1)  That they would work as unto the LORD, not for men 2)  That they would add value daily. That God would help them deliver million dollar value regardless of paycheck 3)  That they would recognize their paycheck comes from God, not their company or their efforts 4)  That they would honor those in authority over them, and God would bring them favor with bosses, peers,  vendors and customers 5)  Recognize that promotion comes from God not man, and that HE will raise them up in the right time 6)  That like Daniel they would be neither corrupt nor negligent, above reproach, completely honest and diligent  in everything they do 7)  That God would bring a Joseph blessing on their company just like He did on Potiphar's house. And that  everyone would know that it is the blessing of God 8)  That they would do only what is right and just and fair, and have the wisdom and graciousness of speech to do  so without offending others 9)  That they would see the fruit of their labor 10)  That they would be effective and efficient 11)  That God would give them new ideas for productivity and success 12)  That God would give them solutions to problems that benefit everyone involved 13)  That God would bring increase to them and their company 14)  That they would realize this is only for a season 15)  That they would recognize Kingdom opportunities, and be salt and light in every conversation, that God  would bring fruit 16)  That they would realize work is not a curse but a calling and a blessing |

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**How2** – PiVAT Prayer List hearwelldone.org

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| **A PiVAT Prayer List** - lets God make your Prayer Decisions. Ask Him what **He** wants you to pray, so you pray **His will** for you to pray, not yours.  **Why use a PiVAT Prayer List?**  1) It reminds you to always ask God what He wants you to pray, so you pray His will.  2) It encourages you to pray according to His will so that you don’t ask amiss.  3) It helps you persist in prayer, in praise, and in giving your testimony when God answers!  To effectively pray - **Know what God says about prayer, ask** **God**what He wants you to pray, and **pray**; be faithful to persist in it. Just like Time Decisions, Thought Decisions and Money Decisions, **what we pray** and **how we pray** can be done either **God's Way or man's way**.  There's something so fundamentally different between God and man that even in prayer we can be doing things our way instead of His.  **How to use your PiVAT Prayer List**  Step 1  **Ask God** **what** He wants you to pray: Your Insert #3 Monthly Insert for your conversation log includes a  PiVAT Prayer List for each month. Asking God what He wants you to pray aligns you to pray according to His  will, so he can bring about in your life and those around you the things that are on His heart to do. When you  pray according to His will, you will see answers to prayer like never before, in ways beyond imagination.  Step 2  **Ask God** **when** He wants you to pray (the specific time today) and **take your PiVAT Prayer List with you**.  Just like PRISM Topics, God may have you use your "in-between times" (your transition minutes between  activities) to pray through your **PiVAT Prayer List**:  Drive time, waiting on hold time, waiting on appointments  time, etc. Your day is a continued conversation with God, but while you are doing **PiVAT before dinner** –  getting God’s plan for you for tomorrow, also ask Him if He wants you to spend any concentrated time in  prayer tomorrow - including when, what and where.  Step 3  **Update** your **PiVAT Prayer List**, Give a testimony of God's answers to prayer, and remind yourself…  "God answered before, He will answer again.  He was faithful before, He will be faithful again."  Step 4 **Trade PiVAT Prayer Lists** with your Spouse or a friend, and **pray theirs over them**! Do you want God's  desire to bring a greater unity and intimacy in your marriage?  Then invest time to pray God's **PiVAT Prayer**  **List** for your spouse - over them.  Lay your hands on them and pray!  There is power in petitioning God on  behalf of your spouse, in their presence, with God filling your heart and mind and tongue on how to pray for  them – the most important things on their heart- that He told them and burdened them to pray for.  Praying  for your spouse the things on their heart from God, will strengthen your unity and your marriage perhaps  more than anything else you can do. Praying your friend’s PiVAT Prayer List over them is loving them, and  will reveal how much God loves them.  **How to Fill our your PiVAT Prayer List**  Step 1 – Write the **Month and Year** at the top right corner: Insert #3 for your Conversation Log – includes a new **PiVAT Prayer List** for each month. Keep last month’s **Insert #3 Monthly Insert** with last month’s Conversation Log and print a new one for next month. |

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| Step 2 – **Immediate** – Write down any immediate prayer needs, the urgent things you are facing right now, that you need God’s wisdom and help with. These are things coming up quickly: Chemistry Exam Tuesday, Client presentation on Thursday, Performance Evaluation due on Friday. Maybe a relationship issue that needs resolved or your car just broke down. In the Beg (Beginning) column, write the date you began praying for this. The Ans (Answer) column is for the date God answers your prayer.  Step 3 – **Work** – Write the things you need from God related to your work, job, or career. These could be work relationships or work projects, resolutions to problems, favor with superiors, peers or clients, wisdom for decisions, job related ideas, dreams or goals that God has put in your heart. These could be near term requests but typically within this month’s timeframe, or required action this month toward long term goals or objectives.  Step 4 – **Family** – List your immediate family members by name, with the specific things God has put on your heart to pray for them this month. List the date you began praying for this and the date when God answers.  Step 5 – **Intercessory –** Ask God **who** He wants you to intercede for in prayer and **what** He wants you to pray for them. These are not family members, but friends, those you work with, classmates, teammates, your boss and those in authority over you, your Pastor and church staff, Government leaders, neighbors, classmates, professors, maybe someone that you don’t even know, but God has laid a burden in your heart for… your future spouse, if you are not yet married. Ask God, He will tell you who to pray for, what to pray, and how to pray for them.  Step 6 – **Long Term** – Ask God who He wants you to become, what He wants your legacy and your family’s legacy to be. These are not material needs, but Life Purpose and Life Goals related; character and destiny things that God is calling you and your family to walk in. These are the things God wants to be a part of your DNA, your character, who you are, and the fruit that comes from your life. Who is God calling you to become? Be persistent in prayer and God will give you what you ask.  **Things to Know about your PiVAT Prayer List**  **#1** **There’s nothing magical** about the PiVAT Prayer list. Your PiVAT Prayer List isn’t your prayer life, it’s just a tool, not a religion. It’s not the only way to pray, it’s just a very helpful tool to become faithful in prayer. God wants you to pray continually – an ongoing conversation with him (whether using your PiVAT Prayer List or not).  **#2** **Persistence doesn’t replace discernment**. Persistence will not overcome misalignment with God’s will. Asking God what He wants you to pray for – will save you from praying outside his will. Just Ask, He’ll tell you.  In II Corinthians 12:7-10, Paul prayed three times for something to be removed. Scholars debate what this thorn in the flesh was, but clearly it was an obstacle to him carrying out the work God called him to do. So he wasn’t praying for selfish gain, but Kingdom gain; yet God re-redirected his prayer life. God said, "My grace is sufficient.” In other words, God was saying, "Don't spend any more time praying for this!  Move forward!"  **#3** **You don't have to use your PiVAT Prayer List every time** you pray.  Sometimes God calls you away, just because He wants to be with you.  No requests, no petitions, no agenda, no purpose other than to feel the joy of His presence, just enjoy His company.  Get lost in His great love for you.  Listen! |

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| **A PRISM Topic** is God’s Word on a single subject**. A Relationship Topic:** is a perspective from God’s Word on relationships. A **PRISM Topic Packet** is a grouping of PRISM or Relationship Topics of similar subjects… part of the **M: Meditate on the** **Word** of  **PRISM** – (5 Things You Can Do Daily in God’s Word) - to transform **the way you think**. See [hearwelldone.org](http://www.hearwelldone.org) for PRISM Topics, Relationship Topics, or Packets. Take it with you! | **Ask God what PRISM Topic or Relationship Topic He wants you to meditate on today.** Take your PRISM Topic, Relationship Topic or Packet with you! Come back to them throughout the day!  **“*It is to be with him, and he is to meditate on it day and night, so that he may learn to fear the LORD*…” - Deuteronomy 17:19** |

**How2** – PiVAT Prayer List (3) hearwelldone.org

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| **Things to Know about your PiVAT Prayer List**  **#4** **The greatest ongoing decision in the life of any believer is “God’s way or man’s Way.”** This applies to time decisions, thought decisions, money decisions, and even prayer decisions. When it comes to what you pray for, does God decide or do you? Most people pray for what they think they need. Just as God has a plan for your life, He also has a plan for your prayer life. Just ask Him, He will tell you.  **#5** **Your PiVAT Prayer List reminds you** to ASK God what He wants you to pray for: so you pray His will. As Jesus becomes LORD of your time life, your thought life, and your money life, let him also direct your prayer life. Praying according to His will, results in the answers He wants to give!  **I John 5:14-15** - This is the confidence we have in approaching God: that if we ask anything **according to his will**, he hears us.  And if we know that he hears us - whatever we ask - we know that we have what we asked of him.  This passage is clear.  Pray God's will, and He will hear you, and He will give you what you ask for.  **#6** **So how do I know** if I’m praying “according to His will?” **Ask God** what to pray for!  Whatever He tells you to pray- that's His will. Do it.  **#7** **And how do I know** if ‘what I heard’ is really him or not?  First, **Know God’s Word**. Whatever matches His Word is His leading, whatever doesn’t… is not.  Second, **Practice asking**. Just like PiVAT - (getting God’s plan for your day) ask him what to pray, and then pray.  Third, **Believe His promise**.  James 1:5 - if any man lacks wisdom, let him ask of God, who gives liberally to all, without finding fault, and it will be given to him.  Luke 11:11-13 - So I say to you:  Ask and it will be given to you; seek and you will find, knock, and the door will be opened unto you.  For **everyone who asks receives**; he who seeks finds; and to him who knocks the door will be opened.  "Which of you fathers, if his son asks for a fish, will give him a snake instead?  Or if he asks for an egg, will give him a scorpion?  If you then, though you are evil, know how to give good gifts to your children, **how much more will your Father in heaven give the Holy Spirit** to those who ask him?  **#8 Never doubt that God will answer your prayer of “what to pray.”**  If you ask for a fish - will he give you a snake? Asking for the Holy Spirit to lead you, is always a prayer God will answer.  **#9 “You have not because you ask not.”**  This truth is not for you to 'get more stuff,' it applies to getting wisdom, specific direction, Kingdom understanding.  To hear his voice clearly: ask and you will receive (what to pray) so you can ask and receive (what God told you to pray). That's God's promise.  **#10 The Holy Spirit knows** the will of the Father for you. He will surely show you what to pray. |

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**PiVAT** **PRAYER LIST** - Let God make your prayer decisions

Ask HIM what HE wants you to pray. Then, Pray His Will. **MONTH:**

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| **PiVAT PRAYER LIST is God’s Plan for you to pray. hearwelldone.org**  **PiVAT is a change of direction**: from man’s way to God’s Way. - Proverbs 14:12  This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. And if we know that he hears us – whatever we ask – we know that we have what we asked of him. - I John 5:14-15 | **Keep Your PiVAT PRAYER LIST for the Month (Conv Log Insert #3)**  Ask God what HE wants you to pray! Write the date you began praying for this and the date God Answered this prayer. Once you know what God wants you to pray, pray. The fervent effectual prayer of a righteous person is powerful and effective. - James 5:16 |