**PRISM Topic** – Habits hearwelldone.org

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| “We first make our habits, and then our habits make us.” - John Dryden  “Habits are important. Up to ninety percent of our everyday behavior is based on habit. Nearly all of what we do  each day, every day, is simply habit.” - Jack D. Hodge  “We are what we repeatedly do. Excellence, then, is not an act, but a habit.” - Aristotle  “Successful people are simply those with successful habits.” - Brian Tracy  “Habits change into character.” Ovid  “Your character is the harvest of your habits.” - Adrian Rogers  “Chains of habit are too light to be felt until they are too heavy to be broken.” - Warren Buffet  “Good habits, once established are just as hard to break as are bad habits.” - Robert Puller  “Good habits are as addictive as bad habits but much more rewarding.” - Anonymous  “Good habits are the key to all success.” - Og Mandino  “Good habits formed at youth make all the difference.” - Aristotle  “You’ll never change your life until you change something you do daily. The secret of your success is found in  your daily routine.” - John Maxwell  “Results can only change when we change our consistent actions and make them habits.” -Billy Cox  “Consistency creates habit and our habits shape our life.” -Anonymous  “Motivation is what gets you started, habit is what keeps you going.” -Anonymous  “Winning is a habit. Unfortunately, so is losing.” - Vince Lombardi  “Bad habits are easier to abandon today than tomorrow.” - Anonymous  “Feeling sorry for yourself and your present condition is not only a waste of energy but the worst habit you could  possibly have.” - Dale Carnegie  “The secret to permanently breaking any bad habit is to love something greater than the habit.” B. McGill  “Happiness is a habit. Cultivate it.” - Elbert Hubbard  “I can predict the long-term outcome of your success if you show me your daily habits.” - John Maxwell  “If your habits don’t line up with your dream, then you need to either change your habits or change your dream.”  – John Maxwell  “Old habits die hard” “Old habits are hard to break” – (false) - but you’re right, it applies to you.  “Change your belief – Change your habit” - K Kamentz  “And it all began with one small win.” -Anonymous  “Take a few steps at a time and enjoy the process.” -Anonymous  “Good habits are worth being fanatical about” - John Irving  If you never form the habits God wants you to have, how will you ever have the testimony God has for you?  Ask God what habits He desires for you to develop in your life, and for His grace to persist in them. As you do, your life will be transformed into a full reflection of Him. God’s Word confirms the great value of habits... |

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**PRISM Topic** – Habits (2) hearwelldone.org

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| **Proverbs 21:5 – Steady plodding brings prosperity…**  Psalms 119:164 - **Seven times a day** I will praise you because of your righteous judgments.  **Daniel 6:10 -** Now when Daniel learned that the decree had been published, he went home to his upstairs room where the windows opened toward Jerusalem. **Three times a day** he got down on his knees and prayed, giving thanks to his God, just as he had done before.  **John 8:29 – “**The one who sent me is with me; he has not left me alone, for **I always do** what pleases him."  **Philippians 2:12 -** Therefore, my dear friends, as you have **always obeyed**--not only in my presence, but now much more in my absence--continue to work out your salvation with fear and trembling,  **Job 1:5 -** When these celebrations ended--sometimes after several days--Job would purify his children. He would get up early in the morning and offer a burnt offering for each of them. For Job said to himself, "Perhaps my children have sinned and have cursed God in their hearts." **This was Job's regular practice**.  Luke 4:16 - And He came to Nazareth, where He had been brought up; and **as was His custom**, He entered the synagogue on the Sabbath, and stood up to read.  Luke 21:37 – Each day Jesus was teaching at the temple and **each evening** he went out to spend the night on the hill called the Mount of Olives, and all the people came early in the morning to hear him at the temple.  Psalm 108:2 - Awake, harp and lyre! I will **awaken the dawn**.  **Psalms 90:14 -** O satisfy us **early** in the morning with your mercy; that we may rejoice and be glad **all our days**.  Proverbs 8:17 - I love them that love me; and those that **seek me early** shall find me. Mark 1:35 - Very **early** in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed.  Luke 18:1 - He told them also a parable that they should pray **at all times** and they should not grow weary:  I Samuel 12:23 - As for me, far be it from me that I should sin against the LORD by **failing to** **pray for you**. And I will teach you the way that is good and right.  Acts 3:1 - Now Peter and John went up together into the temple at the **hour of prayer**, *being* the ninth *hour*.  Mark 13:33 - “Take heed, watch and pray; for you **do not know when** the *appointed* time is.  I Corinthians 11:25-26 - In the same way he also took the cup, after supper, saying, "This cup is the New Covenant in my blood. Do this, as often as you drink, in memory of me." For **as often as** you eat this bread and drink this cup, you proclaim the Lord's death until he comes.  Acts 2:42 - They **devoted** themselves to the apostles' teaching and to fellowship, to the breaking of bread and to prayer.  Luke 9:23 - Then he said to them all, "If anyone wants to become my follower, he must deny himself, take up his cross **daily**, and follow me.  Acts 5:42 - And **every day**, in the temple and from house to house, they did not cease teaching and preaching that the Christ is Jesus.  Hebrews 3:13 - But **exhort one another daily**, as long as it is called "Today," so that none of you may be hardened by the deceitfulness of sin. |

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