**PRISM Topic** – Shut Up hearwelldone.org

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| **Proverbs 10:19** - When words are **many**, sin is not absent, but he who holds his tongue is wise.   **Proverbs 17:27** - A man of knowledge **uses words with restraint**, and a man of understanding is even tempered. **Proverbs 17:28** - Even a fool is thought wise **if he keeps silent**, and discerning if he holds his tongue.  **Proverbs 11:12** - A man who **lacks judgment** derides his neighbor, but a man of understanding holds his tongue. **Proverbs 18:2** - A fool **finds no pleasure in understanding** but delights in airing his own opinions.  **Proverbs 18:13** - He who answers **before listening** - that is his folly and shame.  **Proverbs 29:20** - Do you see a man who speaks in haste?  There is more hope for a fool than for him.  **Ecclesiastes 5:2** - Do not be **quick with your mouth**, do not be hasty in your heart to utter anything before God.  God is in heaven and you are on earth, so **let your words** be few.   **Psalms 4:4** - In your anger do not sin; when you are on your beds, search your hearts and be silent.  Selah. **Ecclesiastes 3:7** - ... a time to tear and a time to mend, **a time to be silent**, and **a time to speak**.   **Isaiah 53:7** - He was oppressed and afflicted, yet he did not open his mouth; he was led like a lamb to the slaughter, and as a sheep before her shearers is silent, so he did not open his mouth.   **Isaiah 30:15** - This is what the Sovereign LORD, the Holy One of Israel, says:  "In repentance and rest is your salvation, in quietness and trust is your strength, but you would have none of it.  **Isaiah 32:17** - The fruit of righteousness will be peace; the **effect of righteousness** will be **quietness and confidence** forever.  **Lamentations 3:26** - It is good to **wait quietly** for the salvation of the LORD.  **Amos 5:13** - Therefore the prudent man **keeps quiet** in such times, for the times are evil.   **Zephaniah 3:17** - The LORD your God is with you, he is mighty to save.  He will take great delight in you, he will **quiet you** with his love, he will rejoice over you with singing."  **I Thessalonians 4:11** - Make it your ambition to lead a quiet life, to mind your own business and to work with your hands, just as we told you.  **I Timothy 2:2** - For kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness.   **I Peter 3:4** - Instead, it should be that of your inner self, **the unfading beauty** of a gentle and quiet spirit, which is **of great worth** in God's sight.   **James 1:19-20** - My dear brothers, take note of this:  Everyone should be **quick to listen**, **slow to speak** and slow to become angry, for man's anger does not bring about the righteous life that God desires.  **Matthew 11:15** - He that hath ears to hear, let him hear. |

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| **A PRISM Topic** is God’s Word on a single subject**. A Relationship Topic:** is a perspective from God’s Word on relationships. A **PRISM Topic Packet** is a grouping of PRISM or Relationship Topics of similar subjects… part of the **M: Meditate on the** **Word** of  **PRISM** – (5 Things You Can Do Daily in God’s Word) - to transform **the way you think**. See [hearwelldone.org](http://www.hearwelldone.org) for PRISM Topics, Relationship Topics, or Packets. Take it with you! | **Ask God what PRISM Topic or Relationship Topic He wants you to meditate on today.** Take your PRISM Topic, Relationship Topic or Packet with you! Come back to them throughout the day!  **“*It is to be with him, and he is to meditate on it day and night, so that he may learn to fear the LORD*…” - Deuteronomy 17:19** |