

7-DAY PIVAT JOURNAL

To Hear God's Voice & Follow His Plan

Visit hearwelldone.org for more tools

PiVAT Journal

What is a PiVAT Journal? Where you write down what God told you.

Jeremiah 30:2 - This is what the LORD, the God of Israel says, “**Write in a book** all the words I have spoken to you.” **This is your book.** Your **PiVAT Journal** for this month. **Most journals** are where you write down your ideas. This is where you write down **God’s ideas for you**, given through whatever means He chooses - The Holy Spirit, God’s Word, Conversations with others, etc. **Your PiVAT Journal** contains **three kinds of pages**:

PiVAT Page - Get God’s plan for you today.

PRISM Page - Five Things You Can Do in God’s Word every day.

CONVERSATIONS Page - Every conversation you have with God, yourself, or others, write it down.

PiVAT is **Prayer, Vision, Accountability, and Testimony** - Biblical Principles of faithfulness to obey with time.

PiVAT is a change of direction - from man’s way to God’s way.

Proverbs 14:12 - There is a way that **seems right** unto a man, but the end thereof are the ways of death.

Isaiah 53:6 - All we like sheep have gone astray, every one of us has turned **to his own way**, and the Lord has laid on him the iniquity of us all.

Isaiah 55:7-9 - Let the wicked **forsake his way**, and the unrighteous man his thoughts. **For my thoughts** are not your thoughts, **neither are your ways my ways says the LORD**, for as high as the heavens are above the earth, **so are my ways higher** than your ways, and my thoughts than your thoughts.

Jeremiah 29:11 - **For I know the plans I have for you** declares the LORD, plans to prosper you, and not to harm you, to give you hope and a future.

Romans 12:1-2 – I implore you, brothers and sisters, to present your bodies as a living sacrifice, holy and acceptable unto God which is your reasonable act of worship. But be transformed by the renewing of your mind, that you may be able to prove what is that good, acceptable, and complete will of God.

PiVAT helps you get God’s plan for you today, to **obey with time**, so you present your body a living sacrifice. PRISM is five things you can do today in God’s Word, to **transform your mind**, so God can confirm what He told you to do.

See **PRISM Topics** – The power of God’s Word on a single subject.

PRISM Topic - God’s Way or man’s way, and **PRISM Topic – Write It Down**.

How to get a PiVAT Journal?

1. **PiVAT Journal** – 31 days + **extra tools** to hear God’s voice and follow His plan. (Preprinted, Spiral Bound)
2. **PiVAT Yearly Tool** – PiVAT Yearly + **twelve PiVAT Monthly’s** – An annual calendar to get God’s plan for you. (PDF)
3. **PiVAT Journal Tools Guide** – Learn the **how-to and why-to** for each tool!
4. Download the **3-Day or 7-Day PiVAT Journal** from hearwelldone.org or pivotjournal.com - to do a 3-Day Challenge!
5. Or **Use any notebook for a PiVAT Journal**, just include the three pages, (PiVAT, PRISM, and Conversations).

Print PDFs at www.hearwelldone.org Or order them already printed at www.pivotjournal.com

PiVAT – Get God’s Plan

What is PiVAT? - **Four Questions to use** with your Day Planner – to get God’s plan for you today, not yours.

What is PiVAT? - **A change of direction** from man’s way to God’s Way. (Prov 14:12)

What is PiVAT? - **An acronym** for - Prayer, Vision, Accountability, and Testimony.

What are PiVAT Tools? - **Time obedience tools** for your day, week, month, and year. (Jer 29:11)

What is PiVAT? - A Three-Part Day Planner - to get **God’s plan for you today**.

Part 1: **Four Questions** to Ask God, so **His plans** become yours.

Part 2: **Time Slots** that God assigned for the things He told you to do today.

Part 3: **God’s To-Do List** for you today, not yours (that’s **PIVAT Maybe**).

Four PiVAT Questions:

#1 Prayer: **What Do You Need Most from God Today?** (See Relationship Topic - The **Best Question Ever**.)

#2 Vision: **What is the #1 Thing God Told You to Do Today?**

#3 Accountability: **When Did He Tell You to Do It?** (The **specific time**.)

#4 Testimony: **What Did God DO Today?** As you’re learning to obey, and **What Did God REVEAL today?** through your **PRISM Time** in His Word – those five things you can do in God’s Word every day.

Questions: These are Four Questions **to ask, not answer** – Ask God, He’ll tell you. He knows the plans He has for you! James 1:5 – If any of you lacks wisdom, just ask God, and He will give it to you... without finding fault.

Time Slots: Don’t fill in timeslots yourself, ask God when. The #1 Thing He has for you today – will always have a timeslot. As will **His To-Do List** for you. Each item will have a time slot that He assigned. Do it then, or it probably won’t get done. No need to fill in every time slot, only what the Holy Spirit tells you.

God’s To-Do List: Only Put Here **what God said** to do today. Things pop up during the day - things you **could** do, things other people want you to do, but not what God told you to do. These are just **PiVAT Maybe’s**. By the end of the day – many of these PiVAT Maybe’s are done by others - or don’t even matter. If any remain, ask God **if He wants** you to put them on your Official **PiVAT Maybe** List for this month. But **only write down in the right column** what God told you to do today. **His list** will usually be **shorter than yours**... Just **do everything** He told you. If something didn’t get done by **PiVAT before dinner** (your conversation with Him about tomorrow), then **ask Him, “Was this one You or me?** If it was Him telling you to do it – then **finish** what He told you. But if it was just your ‘gotta do’ – sneaking onto His To-Do List for you today... put it where it belongs, your **PiVAT Maybe** – for God to confirm, delay or delete.

Why Do PiVAT?

Jeremiah 29:11 – “For I know the plans I have for you, declares the LORD.” **He knows them, you don’t.** Ask and He’ll tell you. His plans for you are good! He wants to prosper you in the way chosen for you! God once asked me, “How will you walk in my plan for your life, if you don’t even know my plans for you today? **Romans 12:1** – To “present your body a living sacrifice” means He sets your schedule, not you. See the **Relationship Topic** – God’s Way or man’s way.

Why Do PiVAT Before Dinner?

Before dinner is the **most consistent time** of your day. You might miss breakfast and lunch, but you won’t miss dinner. No matter when you finally eat, **before you do that**, is a specific time... If you know His plan for you tomorrow, you can **hit the ground running** when you awake. And it reminds you of **what He told you to do today**, so you can **finish strong**. Write down **your testimony** from today so you can overcome with it on your **Daily Call** tomorrow! (Hebrews 3:13) You can pray with your spouse before bed - what you both need most from God and what He told you to do tomorrow! And it lets God give you **counsel** in the night season - Psalms 16:7. He’ll confirm what He told you or give you new revelation.

PRISM – Know God’s Voice

PRISM – is Five Things You Can Do In God's Word Every Day. You don’t have to do them all at once, and you don’t have to do all five every day. But every time you do, God adds a blessing!

PRISM can be done in 5 minutes, 15 minutes, 50 minutes, or 5 hours – however God leads you. Rather than just doing your devotions, PRISM keeps you coming back to God’s Word throughout the day, so you start to think like He does.

Why Do PRISM? - Romans 12:2 - Do not conform any longer to the pattern of this world, but be **transformed** by the **renewing of your mind**. **Then** you will be able to test and approve what **God's will** is - His good, pleasing, and complete will. The secret: You understand PIVAT (God’s Plan for you today) through PRISM (God’s Word for you today). It’s how God proves His plans for you! (Rom 12:1-2) So you present your body as a living sacrifice – God’s plan not yours.

PRISM is:

P raise the Word: Praise through the Psalms verse by verse. (Psalms 56:4,10-11)

R ead the Word: Just read in context: chapter, section, or book. (Deuteronomy 17:19) (Use PIVAT Highlighters!)

I nsight from the Word: A chapter of Proverbs each day! (Proverbs 1:1-3) Get Wisdom! You need it!

S tudy the Word: Dig deeper: Use S.O.A.P. - **S**cripture, **O**bservation, **A**pplication, **P**rayer (II Timothy 2:15)

M editate on the Word: (Joshua 1:8) A verse, several verses, or **PRISM Topic The Power of God’s Word** on a single subject. **Just take it with you** to meditate on it throughout the day.

PRISM P: Praise the Word – Praise the Word is simply reading one verse or two verses in Psalms and praising God **using the words of that verse**. Start each day with **Praise the Word!** If the Psalmist is grieving or complaining, praise in the positive. By the chapter’s end he figures it out, just Praise the Word with other scriptures that address this with truth!

PRISM R: Read the Word - Ask God **what book** of the Bible He wants you to begin reading through. Read the Word - is for continuity and context alone, not studying or memorizing. **A chapter a day** is a great start, even just a **section of a chapter**.

PRISM I: Insight from the Word – Read **One Chapter of Proverbs every day**. There are thirty-one days in a month and thirty-one chapters in Proverbs - no coincidence. God has given you a wisdom chapter for today. You need it!

PRISM S: Study the Word – Use S.O.A.P. Ask God what verse He wants you to study further – it could have come from your Praise the Word – in Psalms, your Read the Word – whatever book He has you reading, or your Insight from the Word, Today’s Proverbs Chapter. The secret of S.O.A.P. **These are questions to ask - not answer!** God will speak.

S: Scripture - God, what verse do you want me to **study further?** (Write out the verse)

O: Observation - God, what do you want me to **see** that I haven't seen before?

A: Application - God, what do you want me to **do**, now that you’ve shown me this?

P: Prayer - God, **help** me! I can't do this by myself. Help me to... (Ask Him for grace to do - what He just showed you).

PRISM M: Meditate on the Word – Ask God what Verse, or **PRISM Topic** He wants you to meditate on throughout the day. A **PRISM Topic** is the power of God’s Word on a single subject. A **Relationship Topic** – is a perspective from God’s Word on relationships. A **PRISM Topic Packet** is a grouping of related topics. Find them at hearwelldone.org/topics. The power of God’s word on a single subject will set your mind on things above, it will give you the mind of Christ, you’ll walk in truth, in wisdom and power, understanding, victory and joy!

Conversations – Every Conversation you have, with God, yourself, or others, write it down.

A **Conversations Page** – is one of three pages in your PiVAT Journal. **What's A PiVAT Journal?** Jeremiah 30:2 – This is what the LORD says, the Holy One of Israel. “Write in a book all the words I have spoken to you.” (**This is your book!**)

A **PiVAT Journal has three pages.** **PiVAT** – to Get God's plan for you today. **PRISM** – Five things you can do in God's Word, which confirms His plans and instruction for you today, and transforms your mind so you think like He does.

CONVERSATIONS – Every conversation you have with God, yourself, or others, write it down.

A typical **journal** is where you write down **your** thoughts and ideas. A **PiVAT Journal** is where you write down God's thoughts and ideas and instructions for you. It's a planner, devotional, journal, and diary all in one. It's where you distinguish between your ideas and His ideas for you. It's how you hear God's voice and walk in His plan. So He can fulfill the purpose He created you for, and fill you with the joy that comes with it!

PiVAT Journals from hearwelldone.org: **PiVAT Journal** – 31 days plus extra tools, 3-Day PiVAT Journal, or **7-Day PiVAT Journal**. Print them from hearwelldone.org or order already printed at pivatjournal.com. You could also use **Any Notebook** as a PiVAT Journal. Just draw PiVAT Columns and do PRISM on a Conversations Page. See the **PiVAT JOURNAL Tools Guide** to learn how and Print a **PiVAT Yearly Packet** - which includes PiVAT Monthly's for the year!

A **Conversations Page** – captures what God speaks to you each day through His Holy Spirit, or through others.

Revelation: God will speak to you in the night season, He may wake you up with a spiritual truth on your heart, new ideas, or something He wants you to do.

Ideas Page: Sometimes you get on a brainstorm, not necessarily the Holy Spirit revealing things, but things cluttering your mind. Write them in your PiVAT Journal on a Conversations Page. Ask God to reveal what's from Him, or not!

Quotes Page: If you hear someone say something on the radio, podcast, etc., write it down. Usually, when successful people are interviewed, they can't help but divulge their secrets. If nothing else, they reveal how they think. Whether worldly wisdom or God's truth, write down what they say, so you can ask God to reveal His truth versus deception.

Conversation Records: Every conversation you have with any person today; write down the things discussed, things important to them, things you learned, what they need, so you can pray for them. They are precious to God. Coffee shop meeting, 1:1 with your boss, or a conference call at work, write down what people say. You can pray for them, and God can teach you things through others. He'll help you discern between His wisdom, and the wisdom of the world.

Pastor's Sermons: Every time you go to church, bring your PiVAT Journal with you, and take notes. If you forgot, take notes on your phone and transfer them to your PiVAT Journal afterward. God often confirms through others what He told you to do - in your PiVAT and PRISM times with Him. He leads you and confirms through others!

Project Plans: You might have something God told you to do that has multiple steps associated with it. Use a Conversations Page for God to lead you in the planning process. Write what God puts in your heart, so He can add to it.

Daily Call: Record your Daily Call – a 15 Minute Call before work sharing PiVAT and PRISM with a friend and praying for each other. Write **their** PiVAT for today. So you can pray for them exactly what God told them they needed most, and told them to do. So you can thank God for the testimony He gave them as they obeyed! And so you can pray later that day when they need prayer during the times God assigned them. Along with their PiVAT for today, at the end of your Daily Call – write P4M: (Prayer for me). To record what the Holy Spirit prays for you through each other. These bring powerful insight and encouragement as God speaks over both of you by the Holy Spirit through prayer.

Daily Call

What is a Daily Call? - A fifteen-minute call before work sharing PiVAT and PRISM with a friend.

5 Minutes: You share your PiVAT for today,

5 Minutes: They share theirs,

5 Minutes: Pray for each other.

Write your Daily Call on a new “Conversations Page” in your PiVAT Journal.

A **Daily Call** – is actually applying Hebrews 3:13 – “But exhort one another daily while it is called today so that none of you may be hardened by the deceitfulness of sin.” **A Daily Call is following** Ecclesiastes 4:12 – Though one may be overpowered by an enemy, two can withstand him, and a cord of three strands is not quickly broken. You and your friend are two, and Holy Spirit is the third strand. **A Daily Call is putting into practice** Revelation 12:11 – They overcame him (the accuser, the adversary, the devil) by the blood of the lamb and by the word of their testimony... If you will have a Daily Call (Hebrews 3:13) - if you will exhort **one other** daily, you will be **challenged, sharpened, encouraged**, and your **relationship with God will grow** like crazy in just a few days – because you’ll be learning to obey what He tells you to do each day. You will be ‘overcoming by the word of your testimony,’ and you will be exhorting one other daily, just like He commanded. Few people have ever really ‘exhorted one other daily.’ Taking God at His Word is life-changing!

Before you begin a Daily Call:

1. **Ask God to help you do PiVAT before dinner** (Get God’s Plan). **Print out** the 7-Day PiVAT Journal.
2. **Do PRISM** each day, those five things you can do in God’s Word. It’s how He confirms what He told you to do!
3. **Ask God who** He wants you to walk with. If He commanded you to do it, He’s got someone for you.
4. **Invite** them to join you in a Daily Call for a set number of days, 3-Day-Challenge, 7-days, 30 days, however God leads.
5. **Set a Daily Call time** - Early is better - before your workday begins. Monday-Friday, Saturday & Sunday off.
6. **Read the How2’s** for PiVAT PRISM, Conversations, and Daily Call - in the **PiVAT Journal Tools Guide**.
7. **Expect Growth!** – God will grow you as never before! It’s just what happens when you obey daily.
8. **Begin** – just start today!

How To Do A Daily Call: Whoever calls first at the daily call time – begin immediately by sharing your PiVAT for today. No small talk, get right to it. Maybe a quick prayer, “God, help us glorify you in these next few minutes, amen.” Then start immediately. Five minutes – you share your PiVAT for today, Five minutes - they share theirs, Five minutes - pray for each other. That’s it. One of the most powerful things you can do – is a Daily Call (PiVAT Call). It will change you - because it puts you daily in a place of obedience, where God can bless you.

Helpful Hints for a Successful Daily Call:

1. **Do PiVAT before dinner** – Don’t eat before spending five minutes with God, getting His plan for you for tomorrow.
2. **Set an early Daily Call time** before your workday begins. It’s the only way to be consistent with it.
3. **Do not go over the 15 minutes!** You can talk more if you want, just call back on another phone call.
4. **Share only what you wrote down** on your PiVAT sheet during your five minutes. If the calls get too long, you’ll stop.
5. **Write down their PiVAT for today** to pray for them at the end of the call, and even later today as God leads you.
6. **Write down what God spoke through prayer.** God will speak through your prayer! Write down what He says.
7. **PiVAT Calls are same gender only.** Honor your spouse or future spouse by saving intimate conversations for them.
8. **Text your Daily Call Partner** when you finish PiVAT before dinner. It will encourage them!

PiVAT before dinner is the hardest thing you’ll ever do in life, because the devil will do anything to stop you from your conversation with God, and this Daily Call that you overcome him with. He knows Hebrews 3:13, Ecclesiastes 4:12, and Revelation 12:11 work! The power of two by two; learning to fully obey with time, thoughts, and money, overcoming by the blood of the lamb and the word of your testimony is life-changing! Just start! God will lead you to His good! You will overcome with your testimony. He promised! Your Daily Call will grow you spiritually! It’s unavoidable when you obey!

PiVAT WEEKLY - Give God Your Week Planner Week of:

Jeremiah 10:23 – I know, O LORD, that a man’s life is not his own; it is not for man to direct his steps.

P:
V:
A:
T: (a)
.(b)

M		T	W	R	F	S		Su
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<p>P: Prayer: What do you need most from God this week? (You won’t know, Ask Him, and He’ll tell you)</p> <p>V: Vision: What is the number one thing He is telling you to do this week? (Top 3)</p> <p>A: Accountability: When is He telling you to do it? (The specific day, date, and time)</p> <p>T: Testimony: (a) The Top 3 Things God did this week– as you’re learning to obey, and (b) The Top 3 Things God Revealed this week – through His Word. (PRISM)</p>	<p>Do PiVAT WEEKLY before the week begins. Fill In the Dates for the week, then Fill In the Hourly Time Slots that God reveals. You don’t have to fill in every time slot yet, only what God shows you so far. PiVAT is a change of direction: from man’s way to God’s Way. Proverbs 14:12, Isaiah 55:8-9, Jeremiah 29:11 – For I know the plans I have for you... See hearwelldone.org</p>
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PiVAT Weekly – Know God’s Plan for you this week.

What is PiVAT Weekly? - A Time Obedience Tool – Four Questions to get God’s plan for you this week. **PiVAT** - is a change of direction from man’s way to God’s way. Jeremiah 29:11 For I know the plans I have for you - plans to prosper you not to harm you, to give you hope and a future.

PiVAT Weekly is PiVAT from a Weekly Perspective: 4 Principles of Faithfulness applied to this week. PiVAT Weekly helps you obey with time decisions. It lets God plan your week – so you follow his plans. **PiVAT is Prayer, Vision, Accountability, and Testimony.** PiVAT Weekly can be done in five to ten minutes – Do PiVAT Weekly on Sunday – to get God’s plan for you this week. Isaiah 55:8 – There is a way that seems right to a man, but the end thereof are the ways of death. Isaiah 55:8 – For my thoughts are not your thoughts, neither are your ways my ways, declares the LORD. Romans 12:1 – I beg you brothers and sisters to present your body a living sacrifice, holy and acceptable unto God which is your reasonable act of worship. For your life to be a living sacrifice, God takes over your calendar. You live by His plans - to prosper you.

PiVAT Weekly is a 2-Step Process

#1 Do **PiVAT Weekly on Sunday** - to get his plan for you this coming week.

#2 Do **PiVAT before dinner** each day - to get his plan for you each day.

STEP 1: Do PiVAT Weekly on Sunday before the week begins. Every Sunday afternoon, take ten minutes and Ask God for HIS PLAN for you this coming week - Monday - Sunday. Don’t wait until the week begins, by the time you get around to it, you might miss something He had for you.

Doing PiVAT Weekly on Sunday gives you the opportunity before the week starts to **pray and share with your spouse** – what you both need most from God - and what He is telling you to do this week. Doing this on Sunday also allows God to **counsel you in the night season** (Psalms 16:7) By morning, God will either confirm His plan in your spirit, or He may clarify your understanding of what He wants you to do this week. Remember, **God is not obligated to reveal** everything that will occur in the next seven days, but **if we ask** for His plan, He will tell us specifically, and show us things to come. Psalms 32:8 – “I will instruct you and teach you in the way you should go – I will guide you with my eye upon you.” John 16:3 – But when he the Spirit of truth comes, he will guide you into all truth. He will not speak on his own; he will speak only what he hears, and **he will tell you what is yet to come.**

STEP 2: Do PiVAT before dinner - Get God’s plans for you for tomorrow – He will lead you in what steps you must take tomorrow to fulfill what He told you to do this week. **Screen all interruptions** or ‘change of plans’ this week through Him. Emergencies do arise; other obligations do come up on short notice. **But is this really** what God wants you to divert your attention to? Or is it the devil’s distraction to keep you from what God told you to do this week?

Update your **PiVAT Maybe To-Do List!** Each week presents many opportunities to **deviate from** God’s original plan and focus on something different. Anything that would change or alter your course this week **FIRST** goes on your PiVAT Maybe To Do List – for God to confirm, delay, or delete. Every new opportunity – even for good things, is not necessarily God’s Plan for you this week. **What is God telling you to say “No” to?** That’s a big part of obedience. Be sure you hear and obey. Walk in the Spirit in time decisions. PiVAT, PiVAT Maybe, and PiVAT Weekly will train you to hear His voice, walk in the Spirit and respond to people and situations as He directs.

How To Fill Out PiVAT Weekly?

STEP 1 Prayer: What do you need most from God this week? You won’t know, ask God, He’ll tell you – James 1:5. Before you fill in time slots – first ask God what you need most from Him. This may or may not be related to his V:Vision for you this week. He knows what you will face in the next seven days, He’s already been there. He will reveal during **your PiVAT Weekly** as much as He chooses. But He will likely leave some things unmentioned, so you grow in walking daily by His Holy Spirit. Remember, His ways and thoughts are very different from ours (Isaiah 55:7-9). And He knows

what you need before you ask Him. (Matt 6:8) Asking Him what you need most – also prevents you from asking amiss. God’s plan for you is to be a **different person before the week is done**. Whether a week of blessing, or of trials (which are still a blessing), God wants you to be more mature, more complete, and more conformed to His image by Friday, than you were on Monday, Saturday, and Sunday too! When asking God what you need most from Him this week. Think in terms of what God gives. The fruit of the Spirit is a great start (Galatians 5:22) but the list of what God gives is extensive. And don’t think because things are going ‘OK’ in your life, that **you don’t need anything** from Him. To fulfill the purpose He has for you this week – you will need things beyond yourself. If you only knew what He can give you’d be asking Him for more – and more often! (See the Relationship Topic – What Does God Give?)

Step 2 Vision: What is God telling me to do this week? The Top 3 Things (Hab 2:2) Ask God for His Number 1 priority for you this week (beyond just going to work or going to school). Then ask Him for the #2 and #3 Priority He has for you. These may be family, ministry, career, or personal. It may be “Print out a new PRISM Topic to meditate on, or prepare for next week’s final exam, or leave work on time for your daughter’s soccer game on Thursday. Maybe spend concentrated time in prayer, cut a neighbor’s lawn, or call someone who needs encouragement. Ask God, He’ll tell you.

Step 3 Accountability: When is He telling me to do it? (The specific day and time) – I Chronicles 14:14-16. Accountability is always the specific day and time God is telling you to do it. Monday 3 p.m. or Tues and Thurs 7-9 p.m. **If God tells you to do something He will also tell you when** He wants you to do it. Whatever God has for you to do, He also has a time for you to do it. His order of things, His perfect timing. Just ask Him, and He’ll tell you.

Step 4 Testimony: What did God **DO** this week? (Top 3 Things) as I’m learning to obey, and What did God **REVEAL** this week? Through my PRISM time in His Word. Write the top 5 things God did this week, and the Top 5 things He revealed in your PRISM time with Him. Just go back and pick the highlights from this week – from each day’s Daily Call Testimony: and write them in your PiVAT Weekly. You’ll be amazed at how God answers prayer and what He accomplishes in and through you within a week’s time. The power of your testimony cannot be overstated. It is not just an encouragement to others – it’s a way that God has designed **for you to overcome** the adversary! Revelation 12:11.

Praying you will lead or join a **PiVAT Small Group** – Six to Eight Daily Callers (PiVAT Partners) meeting one hour each week, to share PiVAT Weekly and pray for each other. This is provoking one another to love and good works. This is a venue that demonstrates I Cor 14:31 - So each of you can prophesy so that every one of you may be instructed and encouraged. A PiVAT Small Group – helps you do this! It is life changing. God speaks! In a short time, you can go deep, and build deep friendships based on truth, obedience, and testimony, what God says and reveals.

Step 5 Ask GOD how He wants you to fill in the Time Slots this week. Remember – PiVAT Weekly is God’s calendar for you this week, not your own. Ask God what time commitments He wants you to keep. Then fill in the time blocks He tells you. Don’t just assume that what you usually do is what He wants you to do this week. Ask Him. Then, block out the times He tells you. **DON’T try to fill in every time slot!** If God tells you to do something at a certain time, block the time. But He isn’t obligated to reveal everything for the coming week right now. He wants to lead you day by day in your **PiVAT time with Him before dinner**, and also **moment by moment throughout the day** as you get better at yielding to His will, truly walking in the Spirit. You may want to reference PiVAT Monthly, to verify what monthly assignments from God fall into this week’s calendar. You can also reference your PiVAT Maybe To-Do List after the fact, and double-check with Him on anything He might want you to add for this week, but it’s best to just let God fill in PiVAT Weekly and the Weekly Calendar as the Holy Spirit prompts you. PiVAT Monthly and PiVAT Weekly are not maybe to-do’s – they are God’s To-Do’s for you (just like PiVAT Daily) just from a longer-term perspective. They result from you seeking God for His plan for your week and your month. It’s good to review to be sure that whatever He has for you to do this month or this week, that you also know **the days and times** He wants you to complete them. As God reveals His perfect will and agenda for you this month, He will reveal some through PiVAT Monthly at the beginning of the month; He will reveal a little more of His plan for you during your **PiVAT Weekly** time before the week begins. He will reveal still more during **PiVAT before dinner** each night, and finally **moment by moment – as you check in with Him** throughout the day – He will surely lead you, guide you and instruct you in the moment. This practice of hearing and obeying is an

acquired skill – but it is exactly what followers of Christ do. Jesus was the perfect example. He **only did** what His Heavenly Father told him. Great joy, true fruit, and eternal success await you as you learn to hear and obey, monthly, weekly, and daily.

Frequently Asked Questions about PiVAT Weekly?

What if something throws my whole week “Off Schedule?” First, make sure it’s really what God wants you to do. Every emergency is not ‘your emergency.’ If something completely alters your week, God is not surprised. He may have chosen not to reveal it to you last Sunday afternoon during your PiVAT Weekly time - seeking Him for His plan for you. Remember, **the goal is not staying on schedule, but walking in the Spirit.** If something pressures you to get ‘off schedule’ from what you feel He revealed on Sunday for your week, just check in with God. **He either wants you to change course** and accommodate it, or **make the tough choice to say, “NO”** to other people’s expectations of you, or what you’d rather do, and be faithful to **what He told you to do** this week. This is a **“walking with God,” “hearing and obeying” process.** It takes some time to get used to. But it gives **great opportunity** for close communication, just want He wants. He loves you! Don’t think that God isn’t interested in your schedule throughout each day this week. **He loves the close communication.** Nothing is too insignificant for Him. **He delights in giving you His direction.** Giving Him your day planner and weekly calendar is demonstrating a heart fully devoted to Him, willing to obey whatever He says. He is searching the earth to and fro looking to show himself strong on behalf of obeyers like you! II Chronicles 16:9

If I’m doing PiVAT every day – Do I really need PiVAT Weekly? – As much as we grow in learning to hear and obey God’s leading through **PiVAT before dinner** each day, it’s amazing the perspective difference, when we seek Him for the week. Asking Him for His plan for our week – allows us to **see beyond the day-to-day** perceived obligations that tend to blind us to the greater things He wants to bring about in our character and mission. We typically wouldn’t think of asking... “If I’m reading God’s Word every day – do I still have to go to church every week?” What God reveals in His plans for you weekly is an increased and unique perspective. Not that God can’t prompt us each day – to accomplish this week’s objectives, **we just benefit greatly** when we can talk to Him about the forest, not just the trees. I would encourage you to **spend time with Him** Daily and Weekly to get His plans for you; and also to ask Him before each month and year begins. (PiVAT Monthly, and PiVAT Yearly). You will experience the great blessing of His guidance from different time perspectives. It will help you to “number your days aright,” so you may gain a heart of wisdom. - Psalms 90:12

What if I missed PiVAT Weekly on Sunday? That’s OK, just start now. Don’t worry about what you missed, even if it’s Wednesday. Get His Vision and To Do’s for you for the rest of this week. Ask Him for the day and time He wants you to complete them, and just start. Ask Him to help you make up for any lost time. He will! Don’t miss out on the blessing of hearing and obeying for the week!

FINAL THOUGHTS – on PiVAT Weekly – First PiVAT, now PiVAT Weekly, this is getting kinda crazy! We understand - it may be a little new. But if you ever want to grow in anything in life, you can only grow by experiencing something new. And there is **no better investment** than getting God’s plans for you and walking in them! If you’re a time management geek - or day-planner junkie, your **greatest challenge** will be **relinquishing control** – checking in with your Master. If you are a ‘seat of the pants’ kind of person, this will be new. You might think it’s overkill, but please do it! **Don’t let the devil lie to you!** This is not “works salvation,” or putting tasks above relationships. Your time belongs to God! He created you for a purpose; He knows better than you – how to set the course for your day and week. All you need to do is surrender to Him! Try it! Give Him a chance – **His plans are better than yours!** For your good, to prosper you! Be faithful for a season, you can always go back to the control freak or the chaos you came from. Ask God for someone to walk with on a Daily Call (See the **3-Day Challenge**, and ask God for a **PiVAT Small Group**.) Grow in obedience together! Overcome by your testimony together! It will change your life!

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CONVERSATIONS - Revelation, Ideas, Brainstorms

Day & Date:

Every conversation you have with God, yourself, or others – Write It Down

A Conversations Page: Every conversation you have with God, yourself, or others – write it down. One of three pages in your PIVAT Journal - PIVAT, PRISM, Conversations. Use a **7-Day or PiVAT Journal**, from hearwelldone.org or pivatjournal.com with additional tools for the month! Or use any notebook for PIVAT, PRISM, and Conversations just draw the lines yourself. Then, invite a friend to a **3-Day Challenge!**

Jeremiah 30:2 – This is what the LORD, the God of Israel says, 'Write in a book all the words I have spoken to you.' Take your PiVAT Journal with you - capture every conversation you have with God, yourself, or others through which God will reveal His specific instructions for you. Walk with Him today!

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**“His Master replied, ‘Well done, good and faithful servant!
You have been faithful with a few things; I will put you in charge over many
things. Come and share in the joy of your Master! - Matthew 25:21**

Visit hearwelldone.org for more tools